Breathtaking scenery, challenging terrain, and warm Italian hospitality combine to create a unique cycling experience. The landscape of the famed Dolomite and Ortler Alps mountain ranges offers epic riding as you climb the jagged peaks and legendary roads made famous by the Giro d'Italia. Experience the passion of Italian cycling beneath clear blue skies, as you ride past proud pale mountains and through lush green alpine pastures. This cycling trip offers the very best of the dramatic Dolomites and Italian Alps.

TRIP WOWS
Discover the amazing scenery of the beautifully rugged Monti Pallidi
Ride the storied climbs of the Giro d'Italia including Passo Sella, Stelvio, Mortirolo and Gavia
Savor the hearty local cuisine, blending Italian and Austrian flavors
Learn about the local unique culture that's practically a trip back in time
Meet the proud people of the Dolomiti and discover a different, relaxed way of life
**TODAY’S RIDE:** Alleghe to Corvara
Approximately 20 miles with 3,690 feet of climbing

**DESCRIPTION:**
Your Trek Travel guides will meet you at the Belluno Train Station at 11:00 AM on the first day of the trip. From there, your guides will shuttle you to Alleghe where, at the foot of these giant Italian mountains, your Trek Travel guides will discuss the rules of bike safety and specific tips for the Dolomites. After a leisurely lunch, they will spend time familiarizing you to your Trek Domane for the week, and ensure that you have a comfortable fit. The ride warms up in the valley to Caprile then turns off onto a beautiful 10km switchback road that joins up with the main corridor back to Arabba. From Arabba we’ll ascend the backside of Campolongo for 4km and then enjoy a glorious descent into our home for the next 3 nights, Hotel La Perla in Corvara. Enjoy a pre-dinner stroll through this mountain village, as the sun casts its golden light on the beautiful peaks above. This evening, you’ll gather at the hotel and discuss the week ahead before you savor the diversity of flavors from the Italian cucina to fuel up for tomorrow’s adventures.

View Day 1 Elevation Map»

**HOTEL:**
Hotel la Perla

**INCLUDED MEALS:**
Lunch | Social Hour | Dinner
Day 2

TODAY’S RIDE:
Corvara to Passo Giau to Falzarego and Valparola Loop
Approximately 50 miles with 8,190 feet of climbing

DESCRIPTION:
After a hearty breakfast at the hotel, you’ll begin another day of spectacular riding. This is one of the best loops in road cycling. Wake up to a 6km ascent of Passo Campolongo, then descend into Arabba. From there enjoy 20km of rollers to the base of Passo Giau. After a grueling 10km climb up the pass averaging 9% grade, celebrate the climb with a hearty lunch on the summit. Continue the loop passing through Passo Falzarego and Valparola, and finally return to Corvara. Tonight you’ll dine at a restaurant of your choice—perhaps a pizzeria or a trattoria will satisfy your craving for the evening?

View Day 2 Elevation Map

HOTEL:
Hotel la Perla

INCLUDED MEALS:
Breakfast | Lunch

Day 3

TODAY’S RIDE:
Sella Ronda Loop
Approximately 32 miles with 5,480 feet of climbing

AVID OPTION:
Sella Ronda Loop with Gardena return
Approximately 44 miles with 7,500 feet of climbing

DESCRIPTION:
The Sella Loop will be one of the most memorable rides of your trip as you pedal in the shadows of the Sella Massif and its dramatic, sheer cliffs. The green pastures and beautiful fresh air will complement the vividness of the remarkable grey mountains. The four passes on the route are regular highlights in the Giro d’Italia, and three of them exceed 6,800 feet. These four iconic passes: Campolongo, Pordoi, Sella, and Gardena will reward you with incredible views of the jagged peak of the Sassolungo and breathtaking descents into the valleys below. Enjoy lunch at your own pace today, then toast to some stellar riding over dinner with friends back at the hotel.

View Day 3 Elevation Map

HOTEL:
Hotel la Perla

INCLUDED MEALS:
Breakfast | Dinner

Day 4

TODAY’S RIDE:
Spondigna to Bormio via Passo Stelvio
Approximately 30 miles with 6,150 feet of climbing

DESCRIPTION:
A private morning shuttle takes you north toward the Austrian and Swiss borders. Along the way you’ll see a gradual change in landscape and tempo from the serenity of the quaint mountains to the hustle and bustle of the meeting point between the Venosta and Adige Valleys. Once deep into the Venosta Valley, Mount Stelvio awaits, and the opportunity to climb up its “classic” side. With over 14 miles and 48 switchbacks you’ll rise from 3,100 to 9,045 feet to conquer the highest road in the eastern Alps and one of the most beautiful passes imaginable, finishing with endless views into the mountains toward Switzerland from the summit. After a well-deserved lunch you descend to the town of Bormio, located in the Lombardy region of the Italian Alps. It’s a famous ski resort that only recently opened as a cycling destination. Relax this evening and enjoy a hearty traditional dinner in town before a restful and well-deserved sleep.

View Day 4 Elevation Map

HOTEL:
Hotel Baita dei Pini

INCLUDED MEALS:
Breakfast | Dinner
Day 5

TODAY’S RIDE:
Bormio to Torri di Fraele
Return
Approximately 18 miles with 4,000 feet of climbing

DESCRIPTION:
After stocking up on a plentiful mountain breakfast, you’re invited to take your pick from a range of different activities. Enjoy an early morning climb up to the Torri di Fraele - where every switchback rewards you with better and better views of the town of Bormio and the stunning scenery of the surrounding Italian Alps. Enjoy impressive views from the ruins of an ancient abandoned warning towers at the summit before descending back to the hotel. This afternoon, relax in the hotel spa or maybe head into Bormio to do some shopping. Alternatively, take a revitalizing dip in the town’s extensive thermal baths to rest your mind, body and soul in anticipation of tomorrow’s epic double ascent of the infamous climbs of Mortirolo and Gavia.

View Day 5 Elevation Map»

HOTEL:
Hotel Baita dei Pini

INCLUDED MEALS:
Breakfast

Day 6

TODAY’S RIDE:
Bormio to Passo Mortirolo & Passo Gavia Loop
Approximately 75 miles with 11,100 feet of climbing

DESCRIPTION:
Today is your chance to climb the Mortirolo and Gavia. It’s a serious challenge after a long week of cycling that will make reaching the top that much sweeter. The route will first take you south and as you lose elevation, you’ll have a chance to spin out your legs. Arriving at the base of the Mortirolo’s classic side will inspire you to push yourself one more time. The narrow, winding road is incredibly steep in parts with an average grade of 10.5% - mercifully the climb is only 7.5 miles. Much of the road weaves through the forest with glimpses of the views below. Your guides will be close by to cheer you on and refill your water as you need it. However, one last climb remains for this trip—the Gavia. It’s a long but steady climb, and we’ll celebrate your successful ascent at the top. This will be your last mountaintop summit and it promises to be both invigorating and exhausting! You’ll descend back to Bormio and wrap up this epic day - and the trip - with a cocktail at the hotel followed by a farewell dinner.

View Day 6 Elevation Map»

HOTEL:
Hotel Baita dei Pini

INCLUDED MEALS:
Breakfast | Lunch | Social Hour | Dinner

Day 7

TODAY’S ACTIVITY:
Departure

DESCRIPTION:
Your guides will say farewell at 9:30 AM at the Hotel Baita del Pini. You will then shuttle 45 minutes to the Tirano Train station and arrive at approximately 10:15 AM. Trains run from here to Milan every 2 hours, where there are easy connections to all major Italian cities. For further information please see www.TrenItalia.com.

INCLUDED MEALS:
Breakfast

WHAT'S INCLUDED

For us, the details matter most

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It’s the little additions to every Trek Travel cycling vacation that make it truly special. And that’s how we help you create more memories.

What's Included
- 6 nights of accommodation at handpicked hotels
- 2 experienced guides to provide local knowledge, support, and camaraderie
- Daily route support with both guides and our support van
- Daily breakfast, 3 lunches and 4 dinners
- 2 social hours of drinks and hors d'oeuvres
- Ride a Trek Domane SL 7 disc
- Up to three daily route options on riding days
- Snacks and drinks for each day's ride
- Trek Travel Bontrager cycling jersey to keep
- Trek Travel water bottles to keep
- Cinch sack day bag to keep
- Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
- Bontrager WaveCel helmets
- All gratuities for drivers, local experts and hospitality staff
- All luggage transfers and transportation during your trip
- A personalized photobook of your trip
- Entrance fees for all activities, private tours and events
- Complimentary laundry for your cycling clothing on Day 5

Gear
- Trek Domane SL 7 disc carbon road bike with Shimano Di2 electronic shifting
- Trek Travel Bontrager cycling jersey to keep
- Trek Travel water bottles to keep
- Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
- Bontrager WaveCel helmet
- Bontrager men's and women's specific saddles
- Bontrager front and rear Flare R lights and a flat pack
- Garmin Edge 1030 GPS computer
- Cinch sack day bag to keep
- Upgrade your bike to include carbon wheels (+$200)
- Coupon valued up to $500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.
- For the most comfortable ride, you may choose to bring your own pedals, saddle, and helmet on the trip. Your guides will install your gear on the first day during your bike fit.

THANK YOUR GUIDES, BY TIPPING
Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What's Not Included
- Airfare and transportation to and from the trip pick-up/drop-off locations
- Lodging before and after the trip
- Personal items purchased during the trip
- Optional activities not scheduled by Trek Travel
- On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.

HOTELS

**HOTEL LA PERLA**
CORVARA, ITALY
This family owned hotel is located in the heart of the village of Corvara. Hotel La Perla is a special place, with incredible attention to detail and comfortable rooms decorated in the

**HOTEL BAITA DEI PINI**
BORMIO, ITALY
The Baita dei Pini well represents its four stars and commitment to creating a relaxing stay with notable hospitality. The hotel has a well-equipped spa and offers excellent
regional style. The wellness center offers a full range of spa treatments and guarantees your stay will be relaxing and rejuvenating. Please note: This is a luxury-level property.

cuisine. There are spaces inside and out to enjoy the flowers, views of the mountains, and the traditional style of classic Italian vacations.

MEETING & DEPARTING

How To Get There

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend that you fly into Venice’s Marco Polo Airport (VCE) or Milan’s Malpensa Airport (MXP) and then take a train to Belluno. If you arrive in Milan, we recommend you transfer to Belluno the night before in order to make the meeting time of 11:00 AM on the first day of the trip. Once all of the guests have arrived, your guides will shuttle you approximately an hour to Alleghe to get set up on your bike, have lunch, and start your ride.

If you will be late for the pick-up or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our first hotel, Hotel La Perla (+39 0471 83 10 00), and leave a message with your expected arrival time and contact details. It is possible to take a taxi from Belluno to Corvara for approximately 150 euros.

Meeting Time And Location

Your Trek Travel guides will meet you at the Belluno Train Station (Stazione di Belluno 32100) at 11:00 AM on the first day of the trip. If you arrive in Venice, there are frequent trains to Belluno. If you arrive in Milan, we recommend you transfer to Belluno the night before in order to make the meeting time of 11:00 AM on the first day of the trip. Italian train schedules can be found on www.TrenItalia.com.

Departing Time And Location

You will say farewell to your guides at 9:30 AM at the Hotel Baita dei Pini. You will then shuttle 45 minutes to the Tirano Train station and arrive at approximately 10:15 AM. Trains run from here to Milan every 2 hours, where there are easy connections to all major Italian cities. For further information please see www.TrenItalia.com.

Before: Belluno, Italy

Belluno, the capital of Alto Adige, is a beautiful city with a rich history. Piazza Duomo features a 16th century cathedral and a medieval baptistry as well as a 12th century tower that remains from the original castle. There are renaissance style palazzos and plenty of cafes for people watching around the Piazza dei Martiri. The town also features a museum with a collection of archeological artifacts and 16th and 17th century paintings by local artists. We recommend the following accommodations for your pre-trip hotel:

HOTEL EUROPA EXECUTIVE
The new Hotel Europa Executive is a comfortable modern hotel just a few minutes from the Belluno Train Station. Recently built, this hotel blends charm and carefully selected artistic decor with everything a modern four-star hotel can offer.
www.europaexecutive.it/?lang=en | ~$195

ASTOR BELLUNO
A modern four-star hotel in the historical downtown area of Belluno with sophisticated furnishings and relaxing colors, this boutique hotel features 13 suites with the latest in technology.
www.astorbelluno.com | ~$170

PARK HOTEL VILLA CARPENADA
This 4-star hotel is located in a beautiful garden park with centuries-old trees. It features antique furniture in elegant spaces.
www.hotelvillacarpenada.it/en | ~$175
A lot can be said and written about Milan. A town of ancient origins, founded by the Celts and conquered by the Romans, it saw its splendor increase during the Renaissance when the Visconti family first, and then the Sforza, ruled the city. During this period, the magnificent gothic Duomo was built, and artists like Leonardo da Vinci and Bramante came to work in the city, leaving great masterpieces like the “Cenacolo di Leonardo.” During the Austrian Imperial dynasty of the Hapsburgs, the world-renowned Scala Theatre was created and instantly became the fulcrum of the artistic life of the town. Milan is also an international capital of fashion and design, with a very lively cultural scene. Major theaters and the hundreds of art galleries and events cause visitors to think that Milan never sleeps. We recommend the following accommodations for your post-trip hotel:

**HOTEL REGINA**
A small hotel with individually decorated rooms, this four-star hotel has a private interior garden and plenty of charm to add to your enjoyment of Milan. 43 rooms.
www.HotelRegina.it | ~$395

**HOTEL GRAN DUCA DI YORK**
The Gran Duca di York is a newly renovated, comfortable and romantic hotel in an 18th century building. Its central location makes this three-star hotel an excellent choice from which to enjoy Milan.

**HOTEL BERNA**
A well-located 4 star hotel within a 5 minute walk to the central station and airport shuttles. It has been recently renovated and makes a convenient stay before flying home.
www.HotelBerna.com | ~$378

* Hotels listed above are local properties we love. We do not have special rates available.

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**FAQS**

**What Are The Daily Rides Like?**

- Rider Type | 4 - Avid
- Average Daily Mileage | 35
- Terrain | Mountainous
- Average Daily Elevation | 5,940 feet
- Total Miles | 247
- Total Elevation | 41,590 feet

Averages and totals are calculated from our “Avid Ride” options.

The terrain is challenging. Climbs can range from 3 to 15 miles in length at a variety of grades. The routes include an average of 2-3 climbs per day. Classic Climbs of the Dolomites is best suited for our Type 4 Riders. Our Trek Travel guides can also easily accommodate Type 3 Riders, who seek less mileage or fewer uphills, with a boost in the van. Type 4+ Riders will enjoy the extra mileage the avid route options offer.

**What are the options for a non-rider travel companion?**

This destination is best suited to guests who want to cycle every day. Because of the terrain and/or remoteness of the hotels and riding routes, there are few, if any, non-riding options available. If a non-rider wants to accompany a rider guest on this trip, they would need to spend many hours in the van and/or at the hotels on the trip. Due to this, we strongly discourage non-riders from this destination. As an alternative, call a Trek Travel Trip Consultant at 866.464.8735 for trip suggestions where more non-rider activities are available, such as:

- Provence
- Tuscany
- Prague to Vienna

**Trip Changes**

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths to experience a region; busy roads are avoided as much as possible. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.