



MALLORCA RIDE CAMP 7 DAY

MEDITERRANEAN CYCLING MECCA

Find out why Mallorca is a true cyclist's paradise where the pros go in the off season to build their cycling form.

Our Mallorca Ride Camp captures the essence of a true cyclist's paradise. The hotel, a restored manor house, sits upon 370 acres of incredibly beautiful, unspoiled Mallorcan countryside. From handcrafted meals using only the freshest ingredients, to a health and fitness spa ideal for cyclists, it's the choice destination to ride a bike this year, and the top destination for pro cyclists in the early months of the year. See teams such as Trek-Segafredo, Team Sky, Lotto Soudal, or Cyclocross god, Sven Nys, the list goes on! Oh, did we mention the weather is almost sure to be better than home? With sun drenched Mediterranean days and temperatures above 60 degrees, you can shed those winter layers. Here, you'll get a rider's-eye view of the Tramuntana mountains, fertile valleys, and tranquil turquoise waters as you ride picturesque training roads such as Sa Calobra and Puig Major. We've kept the classic rides, and added some new gems to explore, so there's no excuse not to visit! Reserve your spot today!

From
\$1599

Rider Type
Avid

Hotel Style
Explorer

Duration
7 days | 6 nights

Start | End
Campanet, Mallorca,
Spain

Dates
2017/Oct/Nov
2018/Jan/Feb/Mar/Apr/Ma

[Learn more about your Perfect Day in Mallorca»](#)

TRIP WOWS

Enjoy warm hospitality and tapas While the sun sets over the Mediterranean.

Discover the rich history, culture and traditions Of the Balearic Islands.

Ride along the ancient coastal Moorish villages Of Deià and Valldemossa.

Taste the unique flavors Presented by the "Mar y Montana," Sea and Mountain in your delectable meals

Descend alongside Sa Calobra The second-deepest gorge in Europe, and easily one of the most magnificent roads to ride your bike.



DAILY ITINERARY

2017



Day

1

TODAY'S SELF-GUIDED RIDE:

Choose from one of our self-guided ride options to explore the Island. Try out the Alcudia Loop for starters.

Approximately 30 miles with 1,060 feet of climbing

DESCRIPTION:

You'll be assigned to your bike for the week and receive important information about the daily schedule and ride options. Take on the Alcudia Loop, a perfect ride to start the week. You'll be riding out of the Hotel through the countryside, just under the mountains towards the sea. In Alcudia you can choose to take the avid option that brings you to a small cape and will give you a nice little climb to test the bike and the legs for the week. You'll return through the flatland towards Sa Pobla and back to the hotel where you can check in to your room before joining the group for dinner and discussing the fun days ahead.

HOTEL:

Monnaber Nou Eco Hotel and Spa

[VISIT WEBSITE](#)

[VIEW MEETING AND DEPARTING INFORMATION»](#)

**TODAY'S RIDE:****Col d'Orient Loop**

Approximately 56 miles
with 3,360 feet of climbing

SHORT OPTION:**Alaro Loop**

Approximately 41 miles
with 1,965 feet of climbing

AVID OPTION:**Col d'Orient Avid**

Approximately 65 miles
with 4,600 feet of climbing

Day

2

DESCRIPTION:

This is the moment you've been waiting for—the first big day in Mallorca. Spectacular views accompany you as you ride the Tramuntana mountains over the Col d'Orient and through the charming towns of Alaro and Bunyola where you can make a pit stop at our favorite café for a traditional cortado and soak in the atmosphere. Today is the perfect blend of hills and views, so make sure you stop for some photos along the way.

HOTEL:

Monnaber Nou Eco Hotel
and Spa

[VISIT WEBSITE](#)

**TODAY'S RIDE:****Sa Calobra**

Approximately 49 miles
with 6,250 feet of climbing

AVID OPTION:**Sa Calobra Avid**

Approximately 80 miles
with 9,275 feet of climbing

Day

3

DESCRIPTION:

Today, Mallorca isn't kidding around. It's a big day in the mountains as we ride over the twisting and beautiful Col de Soller, up Puig Major and down alongside the second deepest gorge in Europe, Sa Calobra. It's easily one of the most picturesque roads in Europe and one of the best 12 miles you'll ever ride. Don't forget your camera, because you may never see another road like it!

HOTEL:

Monnaber Nou Eco Hotel
and Spa

[VISIT WEBSITE](#)

**TODAY'S SELF-GUIDED RIDE:**

Choose from rides such
as the **Alcudia Loop**,
Llubi Loop, **Can Picafort**,
or **Arta**

Approximately 15-55 miles
with 900-3,000 feet of
climbing

Day

4

DESCRIPTION:

It's time to discover the island on your own. Your Trek Travel guides will be available to provide you route cards and guidance as you select a favorite route, or choose to explore the countryside of Mallorca, through the many almond orchards and farm land. Choose to visit the castle of Arta, or ride into Alcudia for a café stop along the sea.

HOTEL:

Monnaber Nou Eco Hotel
and Spa

[VISIT WEBSITE](#)

**TODAY'S RIDE:****Deia Loop**

Approximately 71 miles
with 7,000 feet of climbing

DESCRIPTION:

Incredible ocean views greet you once more as you climb up, over, and alongside the Tramuntana coastline, passing ancient stone cities and rugged cliffs. We'll ride by some of the winter homes of pro cyclists before a cruise back to the hotel through the flats of the center of the island.

Day

5

HOTEL:

Monnaber Nou Eco Hotel
and Spa

[VISIT WEBSITE](#)

**TODAY'S RIDE:****Lluc/Cap de Formentor**
Approximately 65 miles
with 6,375 feet of climbing**SHORT OPTION:****Cap de Formentor**
Approximately 52 miles
with 5,700 feet of climbing

Day

6

DESCRIPTION:

Today we meander to the northernmost point of the island, through Pollença and out along the Formentor Peninsula. Along the way you'll experience some of the most rugged and natural landscapes with spectacular cliff views and vivid turquoise Mediterranean water on your way to the lighthouse. You'll feel the burn in your legs as you churn the gears through the miles today, but the imagery is worth every pedal stroke.

HOTEL:Monnaber Nou Eco Hotel
and Spa[VISIT WEBSITE](#)**TODAY'S SELF-GUIDED RIDE:****Choose from rides such as the Alcudia Loop, Llubí Loop, Can Picafort, or Arta**Approximately 15-55 miles
with 900-3,000 feet of climbing

Day

7

DESCRIPTION:

It's sadly time to say goodbye to your Mallorcan adventure. Be sure to put in one last fantastic ride with one of our many self-guided ride options. Today is a good day for a short spin along the central plains of Mallorca, or take a short jaunt up into the mountains one last time.

[VIEW MEETING AND DEPARTING INFORMATION »](#)

BARCELONA ADD ON

**EXPLORE THE CITY OF BARCELONA****3 days | 2 nights or 4 days | 3 nights****FROM \$999 PER PERSON****Based on double occupancy.****ABOUT:**

Discover the dynamic and diverse Mediterranean city of Barcelona and get a taste of the unique culture, boutique shopping, innovative gastronomy and an avant-garde spirit of the Catalonian capital. Taste tapas on the famous Las Ramblas walking boulevard, admire the amazing works of Gaudi including the iconic La Sagrada Familia church and visit many other area attractions. Barcelona will captivate you and make you want to return again and again.

Perfect for first-time visitors, your local tour guide will show you the city's most iconic sights from the winding medieval streets of the Gothic Quarter to the the Gaudi masterpiece of La Pedrera. Your guide is a personable, knowledgeable and friendly local of Barcelona who not only knows Barcelona's landmarks and neighborhoods intimately, but will also provide an insider's view to help you make the most of your stay in the Catalan capital and let you in on the city's best-kept secrets.

Use your 3 day Barcelona card to further explore the city independently, with free travel on public transport along with free admission and discounts on several top museums and attractions.

[PACKAGE DETAILS](#)

WHAT'S INCLUDED

Join

Us

We Include More

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Trek Travel cycling vacation that make it truly special. And that's how we help you create more memories. Learn more

Activities

- Gratuities for all scheduled special events, restaurants, hotels, local guides and transportation during your trip.
- Private tours
- Entrance fees to all group events/activities
- All luggage transfers
- All transportation during the trip, including private coaches

Lodging

- 6 nights of accommodation
- In every region we travel, we uncover the area's best accommodations for the Ride Camp trip style. On our Mallorca Ride Camp trip, you will stay at Monnaber Nou Eco Hotel and Spa. This historic Mallorcan rural estate is a tranquil and comfortable oasis in the Serra de Tramuntana Mountain Range, a cycling destination and a UNESCO World Heritage Site.

Dining

- Daily breakfast, packed lunches on full trip days, 4 dinners, and all snacks and drinks for each day
- A daily European breakfast is provided at the hotel at approximately 8:00 AM. Please be aware this timing is standard in Europe as early breakfasts aren't common. Additionally, espresso based drinks are most common in Europe, so you may find your common cup of coffee to have a European upgrade. Lunch is included daily except on meeting day, and in most cases will be on the road as you choose. Sandwiches in Mallorca are typically a "bocadillo" – a baguette, choice of meat, and cheese with a drizzle of olive oil. Dinner is provided 4 nights of your trip and will be with the group at the hotel restaurant, hand-picked and crafted to honor the traditions of Mallorca, and to offer nutritious meals to fuel your long days on the road. We will always try to accommodate dietary restrictions, as well as food allergies at meals, but please be aware that in some cases you may need to pack supplemental food options. Please note dietary restrictions upon booking.

Support

- The knowledge, support, and camaraderie of experienced guides
- A mix of self-guided and guided rides
- Paper route guides also available upon request
- Energy bars and electrolyte mix (we recommend you bring your own preferred energy supplements as we may not have your preferred brand)
- Comprehensive trip literature

Gear

- The use of a Trek Domane SL 7 carbon road bike with Shimano Di2 electronic shifting
- The use of GPS cycling computer
- The use of Bontrager bike helmets and other gear and equipment to make your ride comfortable
- Coupon valued up to \$500 off a new Trek Bicycle. Contact us for details.

THANK YOUR GUIDES, BY TIPPING

Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What's Not Included

- Airfare and transportation to and from the trip pick-up/drop-off locations
- Lodging before and after the trip
- Personal items purchased during the trip
- Optional activities not scheduled by Trek Travel
- Comprehensive bike fit
- On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.
- Parking costs during the trip for personal vehicles
- Gratuities for your Trek Travel Guides may be given at your discretion in response to their professionalism and leadership. Industry standard is for each individual guest to tip the guide team 7.5-10% of the trip price.

HOTELS



MONNABER NOU ECO HOTEL AND SPA

CAMPANET, MALLORCA

This unique property sits on nearly 400 acres of land with the spectacular Tramuntana Mountain range as its backdrop. With a spectacular outdoor pool, an onsite restaurant with mouthwatering cuisine, and an on-site spa, Monnaber is your perfect oasis for a week of cycling, and relaxation.



MEETING & DEPARTING

How To Get There

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend that you fly in to Palma de Mallorca (PMI).

You can find connections to this airport from many major European cities, although Barcelona, Spain is the closest (a 45-minute flight) and a great place to visit before and after your trip. A good website to visit for flights within Europe is www.SkyScanner.net or contact guestservices@trektravel.com to learn about our in-house travel agent services. There are multiple ways to transfer to the Monnaber Hotel from the Palma Airport. Car rentals are available and preferred by most at the Palma de Mallorca airport for general transportation around the island, as our hotel is somewhat remote, or alternatively, taxis are plentiful and operate 24 hours a day from within Palma and from the airport, for approximately 60 euros. You may consult the Palma airport website – www.Aena-Aeropuertos.es for more transportation information. Trek Travel recommends Union Bus reservas@unionbus.es, Tel. 971 432 891, for taxi service to the hotel.

Meeting Time And Location

Monnaber Nou Eco Hotel | Campanet, Mallorca

Your Trek Travel staff will meet you at the Monnaber Nou Eco Hotel (Possessió Monnaber Nou, 07310 Campanet) between 12:00 PM - 2:00 PM on the first day of the trip. Upon meeting your guides and getting checked into the hotel, we will ensure you have a great fit to your new bike for the week and give you a few pointers before you head off on a self-guided warm up ride.

If you will be late for the meeting time, or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our hotel, Monnaber Nou Eco Hotel (+34 971 877 176), and leave a message with your expected arrival time and contact details. You may take a taxi to Monnaber Nou Eco Hotel in Campanet, for approximately 60 euros.

Departing Time And Location

Monnaber Nou Eco Hotel | Campanet, Mallorca

You will say farewell to your guides at 11:30 AM at the Hotel. Please be sure to book transportation to your departure airport prior to the end of your trip.

The use of your Trek Travel bike ends at 11:30 AM on day of departure, and in some cases, may be needed for another guest arriving that day. Extensions may be available upon request but cannot be guaranteed before your trip begins.

Before: Barcelona, Spain

The Catalan capital of Barcelona boasts a beautiful coastline, a great diversity of culture, leisure and shopping, creative, innovative gastronomy, and an avant-garde spirit. Be sure to check out some of the fantastic architecture and art of Antonio Gaudi, such as Sagrada Familia or Parc Guell. The Gothic quarter is the heart of Barcelona's old town, with narrow cobblestone streets on which Picasso and Miró lived long ago. Las Ramblas is a long tree-lined shoppers' paradise that leads to the sea. Be sure not to miss the fascinating Boqueria market as well. We recommend the following accommodations for your pre-trip hotel:

VILLA EMILIA

Opened in 1994, Hotel Arts Barcelona has a unique location on the seafront in the city's Olympic Village area. It's the tallest building in Barcelona, with contemporary interiors and a showcase of a 20th century collection of specially commissioned works of Catalan and Spanish artists.

Calle Calàbria 115-117 | (+34) 93 2525285 | www.hotelvillaemilia.com/default-en.html | ~\$200

CASA CAMPER

A 19th century building converted into a cozy 25-room hotel. In the multicultural neighborhood of El Raval, just a few steps from the famous La Boqueria market, Casa Camper is the perfect location to indulge in Barcelona's vibrant nightlife. You can do this actively by using one of the Casa Camper's bicycles, or by enjoying the spectacular view across the city from the rooftop terrace.

Carrer Elisabets 11 | +34 933 42 62 80 | www.CasaCamper.com | ~\$350

B HOTEL

An innovative minimalist hotel fusing modern design with state of the art technology. Roof terrace has magnificent panoramic views of the city. Close to many major tourist attractions and enjoys excellent connections with the airport and metro system.

Gran Via 389-391 | +34 932 52 52 85 | www.B-Hotel.com | ~\$210

HOTEL JAIME III

Hotel Jaime III is an art centric hotel, located in the heart of the city near the popular shopping area and the old town of Palma. The hotel is also just meters away from the Contemporary Museum of Art "Es Baluard". You'll have easy access to plenty of shopping, exploring, dining, and more, with a modern, comfortable place to rest your head at the end of the day.

Paseo Mallorca, 14B | +34 971 725 943 | www.hmjaimeiii.com | ~\$140

HOTEL MISSION DE SAN MIGUEL

This modern boutique hotel has a pretty inner courtyard and all its rooms face onto the old town of Palma, making for a great base to explore the city. It is a 5-minute walk from the airport bus and 20-minute walk from the seafront.

Can Macanet 1a | +34 971 214 848 | www.HotelMisiondeSanMiguel.com | ~\$170

CONVENT DE LA MISSIO

Surrounded by landscaped courtyards and narrow streets of the old town of Palma, the Convent de la Missio is a former seventeenth century Monastery turned exclusive hotel. Beautiful, distinguished, and accented with art, you'll enjoy the tranquility and harmony this space provides.

Carrer de la Missio 7A | +34 971 227 347 | www.conventdelamissio.com/ | ~\$300

After: Palma, Mallorca

Mallorca – the older, more mature sibling of the party focused Balearic Islands. Of course, you'll be able to find a great bar or night club in Palma, but that's not all this great island has to offer. With its idyllic turquoise Mediterranean waters, warm golden cliffs and secluded beach coves, hiking trails through the Tramuntana Mountains, and vast plains of Almond groves, orange groves, Olives, and vineyards, you'll surely be able to entertain yourself for a few days surrounding your Trek Travel Ride Camp. We recommend the following accommodations for your post-trip hotel:

* Hotels listed above are local properties we love. We do not have special rates available.



FAQS

Trip Changes

Our itineraries are an approximation of our trips. Trek Travel strives to offer each and every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.

What are the daily rides like?

- Rider Type | 4
- Average Daily Mileage | 50
- Terrain | Hilly
- Average Daily Elevation | 3,500 ft.

On all of our Ride Camps, Trek Travel strives to find quiet, paved secondary roads or bike paths to ride; busy roads are avoided as much as possible. Ride Camps are best suited for our Type 4 Riders. Type 4+ Riders will enjoy the extra mileage the avid route options offer. The terrain is consistently rolling, with quiet, narrow, and winding roads, very little of it is flat. Although the ascents are not exceptionally steep, they are often upwards of 3 miles long and there are multiple climbs each day. See Itinerary for specific daily ride distance and elevation options.

What is the weather going to be like?

The average temperatures are (55F-65F) with evening temperatures dropping 5-10 degrees cooler. Late spring brings much warmer temperatures, but being an island, Mallorcan weather can be unpredictable at times and the island can experience odd rain showers and coastal winds. It is advisable to bring warm layers and also rain gear.

How is a Ride Camp different than a regular Trek Travel vacation?

Ride Camps are a blend of guided and self-guided rides. The focus of our Ride Camps is to ride longer distances and spend more time on the bike whether building your base miles for your cycling season, or training for an endurance event. As a result our rides are focused on the physical dimension and not the site seeing. We also assume that guests are more self-sufficient than our 'all-inclusive' style trips. Each morning you'll begin your ride between 8-9am and return sometime between 2-5pm depending on the length of the ride and your ability level. Depending on your riding level you may or may not have a guide with you during your ride. A support vehicle will be on each day's featured ride at scheduled stops, but you'll want to be sure you carry appropriate layers and food for your ride. Once you return to the hotel, the afternoon is yours to enjoy as you wish. Trek Travel staff will ensure that your bike is in excellent condition for the next day's ride. Dinner will be with the group on most nights, and any non-riding activities that you'd like to take advantage of can be organized through the hotel concierge and are at your own expense.

What kind of support do you offer?

Ride Camps are a blend of guided and self-guided rides. You will have a minimum of 1 Trek Travel staff member that will be at the trip start, assign you your bike for the camp, and provide support on the featured group rides. When there is more than one staff member one will lead the first group of riders and the other will drive the support vehicle. The support vehicle will leap frog the group and make scheduled stops along the ride. We recommend that you are comfortable riding independently without guide support if you are not riding with the group.

How much cycling do I have to do on a Trek Travel trip?

This trip is designed around long miles on the bike, so we anticipate that all guests will have a good level of physical ability and be sufficiently prepared to comfortably ride a variety of challenging terrain. (Featured rides are in the trip Itinerary) Guests are welcome to ride as much or as little as they like and must be prepared to support themselves if they are not able to do the entire featured ride or chose to do a different ride. Your guide can help you select the ride option that best suit your physical ability.

What kind of shape do I need to be in?

You don't need to be a professional athlete to enjoy a Trek Travel Ride Camp, however due to the level of riding we do encourage each guest to come with a good level of physical fitness. This vacation is most appropriate for Rider Type 4. Please consult our

Rider Types to find out what type of weekly rides you should be able to complete in order to enjoy this vacation. We always recommend that guests consult their physician before coming on a Ride Camp.

Can I bring a non-rider travel companion?

Non-riders are welcome at Ride Camp if they are staying in the same room with a riding guest. The riding guest will be required to pay the single supplement fee for a private room and a meal package (\$350 for 7 day trips and \$200 for 4 day trips) for the non-rider to dine with the group. Please contact a trip consultant for details and to book a non-riding companion.

What are the options for a non-rider travel companion?

In addition to being cycling Meccas, Ride Camp destinations are great for vacations. There are a number of non-riding activities to do in the area and you can often upgrade your experience at the hotel. Some of these activities have additional costs and can be arranged through the hotel's concierge.

How far advance do I need to book?

We recommend booking your trip at least 60 days prior to departure. Trips do sell out or become otherwise unavailable, so booking early is the most reliable means of reserving spots. Based on availability, last-minute bookings can be accommodated up to one week prior to departure.

What kind of information is provided?

When a trip is booked, a guest confirmation letter is immediately sent out. One week prior to the trip start you will receive an email containing a trip start meeting location reminder and any last minute information that you will need to know before your trip. Once you arrive at your destination Trek Travel staff will brief you on the day-to-day plan for Ride Camp and provide you with a packet containing daily route guides and a detailed map allowing you to ride with complete confidence and independence.

Will someone meet me at the airport? Are transfers included?

The meeting point at the beginning and end of Ride Camp is at the trip hotel. You are responsible for organizing and paying for your own transportation to and from the trip hotel and the airport. Recommended shuttle services are listed in the trip itinerary. In your trip one-week-out email, you'll receive information about the specific time and location of our trip start meeting.

If I book a tour, can I be guaranteed that it will run?

All Ride Camps that have a minimum of 1 person booked two weeks prior to the trip start date are guaranteed to run. If we are within the two-week time period and no one has booked on that departure date, the trip will be canceled. Trips will not be cancelled due to low enrollment within 7 days of the trip start.

How big are the groups?

The average group size on a Trek Travel Ride Camp is 10, however we allow up to 30 guests per camp. If you wish to find out how many people are on your specific trip, please contact our Trip Consultant via email at sales@trektravel.com.

What bikes will we ride?

The price of your Trek Travel vacation includes the choice of the best bikes on the market. On your Ride Camp the use of a Trek Domane 5.9 is included in the price of your trip. You will only be given one bike for the duration of the trip. For an additional fee you may request to upgrade to the brand new Trek Emonda SLR with Shimano Di2 Electronic shifting or Bontager Aeolus carbon wheels for the ultimate riding experience. Contact our trip consultants for more details.

Can I bring my own bike?

You are more than welcome to bring your own bike, but please keep in mind Trek Travel cannot assume responsibility for the safety of or damage to your bike that may exceed what and how we maintain the safety and well-being of our own fleet of bikes. You are responsible for providing the maintenance to your bike and any spare parts that may be used during the trip. You are also responsible for assembling your bike upon arrival and disassembling it upon departure.

What should I pack?

Please review our [packing list](#) page for more details.

What if I have to change or cancel my trip?

We understand things happen in life and sometimes you have to cancel or change your bike tour. We want to make it as easy as possible to do so and below you will find our timeline. If you ever have a question, just give us a call, 866 464 8735. [Read our cancellation policy.](#)

Can Trek Travel arrange a pre or post night stay at a hotel?

We recommend booking your pre or post night stay directly with the hotel. You may choose to stay at the same hotel as the trip or a different hotel of your choice. Please mention that you are with the Trek Travel group and request to stay in the same hotel room during Ride Camp if you would like to avoid changing rooms. The hotel may also extend a Trek Travel rate upon request, depending on availability.

General FAQs

Didn't find what you were looking for? [Check out our General FAQs section.](#) You will find answers to all the most common questions that don't necessarily pertain to a specific trip.