Join us as we ride through Joshua Tree National Park, seek out one desert oasis after another, tour Palm Springs’ hidden architectural gems and sip cocktails like a lounge singer in style. Palm Springs is a one-of-kind mix of eye-candy landscapes including snow-capped mountains, spiky cacti, bright succulents, palm trees, and mid-century modern architecture. It's a retro town born and raised by Frank Sinatra and the Rat Pack that feels vibrant and alive in its current style, which is very own. If there’s one word we would use to describe the new Palm Springs it’s "glam," with a unique mix of both high style and access to world-class natural resources all in one place. On our trip you will visit a river in the desert at the Whitewater Preserve, take a guided architecture tour and spend two full days in the stunning beauty of Joshua Tree National Park, all out of one perfectly situated hotel. There’s truly no place like Palm Springs, so we invite you to take advantage of the desert sunshine on the bike as you discover this charming getaway. Check out our Special Edition Palm Springs collaboration trip with Yogascapes right here
TRIP WOWS
Experience Joshua Tree National Park and see the Cholla Cactus Garden, Keys View and Jumbo Rocks
Take a guided architecture tour by bike and soak in the Mid-Century style of this old- and new-era Hollywood getaway
Ride the Aerial Tramway to discover the majesty of the San Jacinto Mountains
Get lost in the vast, epic beauty of the Coachella Valley including the San Andreas Fault and the Santa Rosa and San Jacinto Mountains
Relax at the iconic poolside bar or in the spa of your retreat-like home away from home, the Colony Palms Hotel
**Day 1**

**TODAY’S RIDE:**
Whitewater Preserve to Botanical Garden
Approximately 22 miles with 125 feet of climbing

**AVID OPTION:**
Whitewater Preserve to Botanical Garden with Tramway Climb
Approximately 29 miles with 1,600 feet of climbing

**TODAY’S ACTIVITY:**
Visit Moorten Botanical Garden

**DESCRIPTION:**
Your Trek Travel guides will meet you at the Colony Palms Hotel at 8:00 AM on the first day of the trip. After a 30-minute private shuttle, you’ll arrive at the Whitewater Preserve. It’s one of the greenest spots in the desert you’ve ever seen, with a quiet sparkling river that bisects the grounds. After a short round of introductions your guides will then discuss the rules of bike safety and specific cycling tips for riding in the Coachella Valley before familiarizing you with your Trek bicycle and ensuring a comfortable fit. Then, you’ll head out on a ride back to town with the option to add the climb up to the aerial tramway station, a climb once featured in the Tour of California. Take a break from the bike to enjoy lunch at Palm Greens Café, a local and natural foods restaurant located in downtown Palm Springs. After lunch you’ll take a short stroll around the Moorten Botanical Garden where you can see and begin to learn about all of the local cacti growing outside and inside their one-of-a-kind “Cacterium.” Then you’ll ride a few miles back to the hotel where you can take some time to relax before joining the group for the first social hour of the trip. Tonight you will raise a glass at the stylish Truss & Twine, during which your guides will fill you in on the details of the days to come. This first evening’s dinner will take place at Birba, a local establishment featuring fresh Italian dishes and conveniently located one block from the hotel.

**HOTEL:**
Colony Palms Hotel

**INCLUDED MEALS:**
Lunch | Social Hour | Dinner

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**Day 2**

**TODAY’S RIDE:**
Jumbo Rocks to Cottonwood
Approximately 34 miles with 1,780 feet of climbing

**SHORT OPTION:**
Jumbo Rocks to Cholla Cactus Garden
Approximately 14 miles with 290 feet of climbing

**DESCRIPTION:**
Today we’ll get acquainted with Joshua Tree National Park. Our day starts with an 80-minute shuttle to the Jumbo Rocks campground. Be prepared to experience a landscape unlike any you have seen before, if today is your first visit to this exquisite park. We’ll board our bikes and ride 14 miles to the Cholla Cactus Garden for a chance to hike through the cactus that can bite back. Along the way stop for a quick walk at White Tank to see Arch Rock and wander among the immense granite boulders. The ride from the cactus garden to Cottonwood through the Pinto Basin is a long gradual climb as you head toward the south entrance of the park. We’ll all meet for a boxed lunch and another chance to stretch our legs with a walk through the Cottonwood Springs palm oasis before shuttling back to the hotel— this afternoon’s shuttle will take about 1 hour. Relax at the hotel with a good book by the pool then prepare for a group dinner at Workshop Kitchen. Located in the Uptown Palm Springs Design District on North Palm Drive just steps from our hotel, this 2015 James Beard Award-winning restaurant for best restaurant design features a market-driven menu comprised of seasonal food highlights harvested from local farms.

**HOTEL:**
Colony Palms Hotel

**INCLUDED MEALS:**
Breakfast | Lunch | Dinner
**Day 3**

**TODAY'S RIDE:**
Palm Springs Historic Loop  
Approximately 15 miles with 500 feet of climbing  

**AVID OPTION FOR ADDITIONAL MILES:**
Palm Springs Wind Farm Return  
Approximately 32 miles with 1335 feet of climbing

**TODAY'S ACTIVITY:**
Private Guided Architecture Tour and Aerial Tramway Ride

**DESCRIPTION:**
We have a quintessentially Palm Springs day in store. Our morning begins with an on-bike tour of the world-renowned architecture of Palm Springs with local architecture expert Trevor O’Donnell. This relaxed morning ride will showcase the history and culture surrounding mid-century modern architecture in southern California as we pass by celebrity homes of then and now. After taking in Trevor’s expertise, you may choose to add a few more miles through the wind farm north of town, or simply head into downtown Palm Springs for lunch on your own. This afternoon offers a chance to shop, visit museums, head out to Tahquitz Canyon for a hike or simply enjoy a massage at the hotel spa (please note that spa visits are not included in the price of your trip). Take some time to rest up before our final activity of the day: an optional pre-dinner aerial tram ride up to Mount San Jacinto State Park—temperatures at the top of the tram can be up to 30 degrees cooler than the valley below so bring a jacket to take in the mesmerizing views! Dinner tonight is on your own, in the heart of the city.

**HOTEL:**
Colony Palms Hotel  
[VISIT WEBSITE]

**INCLUDED MEALS:**
Breakfast

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**Day 4**

**TODAY'S RIDE:**
Skull Rock to Joshua Tree with Keys View  
Approximately 35 miles with 1,475 feet of climbing  

**SHORT OPTION:**
Skull Rock to Hidden Valley with Keys View  
Approximately 21 miles with 1,245 feet of climbing  

**AVID OPTION:**
Twentynine Palms to Joshua Tree with Keys View  
Approximately 42 miles with 2,915 feet of climbing

**DESCRIPTION:**
Today we will enjoy the northern side of Joshua Tree National Park, with a ride through some of the most notable areas of the park and plenty of chances to see the iconic Joshua Tree. We’ll start with a one-hour shuttle to the Oasis Visitor’s Center in Twentynine Palms, where you can decide where you would like for your ride to begin. If you’re feeling up for a climb to start the day, you can begin at the park’s North Entrance Station. Alternatively you may choose to begin at Skull Rock and take a moment to explore the nature trail here before taking off on your ride. Ascend to Keys View, which offers an amazing view of the valley, including a panorama of mountain ranges and the San Andreas Fault. Historically, this area was a favorite hideout of cattle rustlers and there are plenty of natural rock outcroppings guaranteed to amaze. We’ll then make our way to Hidden Valley and eventually to the town of Joshua Tree to enjoy lunch at a local cafe and stroll around this funky town. From there we’ll shuttle an hour back to our hotel. Then, it’s time to channel your inner Sinatra for a social hour from the Mini Bar in the captivating lobby of the Parker Palm Springs. For dinner, you’ll part the velvet curtains of Mister Parker’s, a classic Rat Pack throwback and French dining experience you are sure to remember.

**HOTEL:**
Colony Palms Hotel  
[VISIT WEBSITE]

**INCLUDED MEALS:**
Breakfast | Lunch | Social Hour | Dinner

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**Day 5**

**TODAY'S RIDE:**
Indian Canyons Loop  
Approximately 16 miles with 520 feet of climbing

**DESCRIPTION:**
Sadly, it’s one more for the road as we say goodbye to the swanky life in Palm Springs. Take a spin through the south side of town and onto the Agua Caliente Indian Reservation for a view of Palm Canyon. This sacred land has been home to the Agua Caliente band of Cahuilla Indians for nearly 5,000 years and supplied the original namesake for the Palm Springs region. Afterwards we’ll ride back to the hotel for final goodbyes and departure to the Palm Springs International Airport.

**HOTEL:**
Colony Palms Hotel  
[VISIT WEBSITE]

**INCLUDED MEALS:**
Breakfast

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**WHAT’S INCLUDED**
For us, the details matter most

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It’s the little additions to every Trek Travel cycling vacation that make it truly special. And that’s how we help you create more memories.

What’s Included

• 4 nights of accommodation at a handpicked hotel
• Two experienced guides to provide local knowledge, support, and camaraderie
• Daily route support with both guides and our support van
• Daily breakfast, 3 lunches and 3 dinners
• 2 social hours of drinks and hors d’oeuvres
• Ride a Trek Domane SL 7 disc, Trek’s newest Electric-Assist, or a Trek 7.6 FX Hybrid
• Up to three daily route options on riding days
• Snacks and drinks for each day’s ride
• Trek Travel Bontrager cycling jersey to keep
• Trek Travel water bottles to keep
• Cinch sack day bag to keep
• Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
• Bontrager WaveCel helmets
• All gratuities for drivers, local experts and hospitality staff
• All luggage transfers and transportation during your trip
• A personalized photobook of your trip
• Entrance fees for all activities, private tours and events

Gear

• Trek Domane SL 7 disc carbon road bike with Shimano Di2 electronic shifting or Trek 7.6 FX Hybrid bike
• Trek Electric Assist XM700+ also available in a limited quantity
• Trek Travel Bontrager cycling jersey to keep
• Trek Travel water bottles to keep
• Cinch sack day bag to keep
• Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
• Bontrager WaveCel helmet
• Bontrager men’s and women’s specific saddles
• Bontrager front and rear Flare R lights and a flat pack
• Garmin Edge 1030 GPS computer
• Upgrade your bike to include carbon wheels (+$200)
• Coupon valued up to $500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.
• For the most comfortable ride, you may choose to bring your own pedals, saddle, and helmet on the trip. Your guides will install your gear on the first day during your bike fit.

THANK YOUR GUIDES, BY TIPPING

Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What’s Not Included

• Airfare and transportation to and from the trip pick-up/drop-off locations
• Lodging before and after the trip
• Personal items purchased during the trip
• Optional activities not scheduled by Trek Travel
• On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.
Tucked away in the heart of Palm Springs, the Colony Palms Hotel has been one of the desert’s most iconic retreats since 1936 — Sinatra once even called it his home away from home. The Colony Palms has a rich and interesting past and was formerly called the Colonial House, Howard Manor and The Palms at Palm Springs over its nine decade-spanning history as a glamorous landing pad for the rich, the famous and the infamous. The property underwent an extensive renovation designed in collaboration with Los Angeles based designer Martyn Lawrence-Bullard in 2017, and was renamed the Colony Palms Hotel. This beautiful 3-acre retreat, located just one block from the Palm Springs design district, features Spanish Colonial style architecture, a secluded pool and iconic poolside bar in the inner courtyard, an on-site spa and the Purple Palm Restaurant.

**MEETING & DEPARTING**

**How To Get There**

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend you fly into Palm Springs International Airport (PSP) which was named one of "America's Most Stress-Free Airports" by Smarter Travel. Palm Springs International Airport is located two miles east of downtown Palm Springs. Taxis run regularly to and from downtown Palm Springs for about $15, and take about 10-15 minutes.

**Meeting Time And Location**

Your Trek Travel guides will meet you at the Colony Palms Hotel (572 North Indian Canyon Drive, Palm Springs, California 92262) at 8:00 AM on the first day of the trip. Please arrive dressed in your cycling clothes with your cycling gear easily accessible in a daybag, separate from your luggage. Please bring along some clothes and shoes for exploring the Moorten Botanical Garden in your daybag as well. After you meet your guides you will be shuttled 30 minutes to the Whitewater Preserve where your guides will lead a short round of introductions and give an orientation and safety talk. They will make sure you have a comfortable fit on your bike before heading out on today's ride.

If you will be late for the pick-up or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our hotel, the Colony Palms Hotel (760 969 1800) and leave a message with your expected arrival time and contact details. A taxi from the airport to the hotel will cost approximately $15.

**Departing Time And Location**

Your guides will shuttle you from the Colony Palms Hotel at 11:00 AM to the Palm Springs International Airport, arriving at approximately 11:15 AM.
Springs, California

The desert unfolds into an oasis, both quirky and stylish, rustic and glam. Palm Springs is a lesson in history, architecture, art, Hollywood and the birth of the cool. Here, eclectic artists, hipsters, naturists, retirees and those simply looking for a weekend escape from Los Angeles blend on the streets, in the stylish restaurants and around the inviting pools and gardens of chic hotels. There’s no place like Palm Springs and we think that’s a fantastic reason to visit. We recommend the following accommodations for your pre and post-trip hotel:

**THE COLONY PALM SPRINGS**

The Colony Palms has a rich and interesting past and was formerly called the Colonial House, Howard Manor and The Palms at Palm Springs over its nine decade-spanning history as a glamorous landing pad for the rich, the famous and the infamous. The property underwent an extensive renovation designed in collaboration with Los Angeles based designer Martyn Lawrence-Bullard in 2017, and was renamed the Colony Palms Hotel. This beautiful 3-acre retreat, located just one block from the Palm Springs design district, features Spanish Colonial style architecture, a secluded pool and iconic poolside bar in the inner courtyard, an on-site spa and the Purple Palm Restaurant.

www.colonypalms.com | $300-500

**THE PARKER PALM SPRINGS**

You can practically picture old Hollywood types, lounging by the pool, sipping Cosmos and gossiping about the trades. This hotel, renovated by famed designer Jonathan Adler, has long been an iconic escape for the lauded gentry when the gates of Beverly Hills become too stifling. Dig deeper and you’ll find a true escape, where Mediterranean villas, tennis courts, a spa and landscaped grounds both surprise and delight.

www.theparkerpalmsprings.com | $400-$550

**THE ACE HOTEL AND SWIM CLUB**

Vintage. That’s all we can say about the Ace. Mid-Century style rules every nook and cranny of this classic destination. It’s the best of what we love in Palm Springs - vintage art, vintage architecture, vintage design and clean, cool rooms that are both inviting and hip at the same time. Bring your Wayfarer sunglasses for a sit by the pool here, and you’ll fit right in.

www.acehotel.com/palmsprings | $300-350

* Hotels listed above are local properties we love. We do not have special rates available.

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**FAQS**

**What Are The Daily Rides Like?**

- Rider Type | 2 - Recreational
- Average Daily Mileage | 24
- Terrain | Undulating
- Average Daily Elevation | 880 feet
- Total Miles | 122
- Total Elevation | 4,440 feet

Averages and totals are calculated from our “Today’s Ride” options.

The terrain ranges from flat to rolling with some longer climbs in the national park on Days 2 and 4. Downtown Palm Springs is an urban environment and the rides that start and/or finish at our hotel do feature some urban riding on roads with traffic, although roads with bike lanes

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**What are the options for a non-rider travel companion?**

On most Trek Travel trips, we offer non-riding options for riders who want to take the afternoon off, or travel companions who want to spend little or no time in the saddle. Some of these options may need to be scheduled before your trip–please contact one of our Trip Consultants for more information. Expenses and/or related transportation to these activities may not be included in the trip price. Some non-riding options on this trip are:

- Lounge by the hotel pool
- Aerial Tramway ride
- Hike through numerous preserves, Mount San Jacinto State Park or Joshua Tree National Park
- Architecture Tour
- Botanical Gardens
- Spa

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**Trip Changes**

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths...
are used as much as possible. Our Palm Springs and Joshua Tree National Park trip is best suited for our Type 2 Riders. Our Trek Travel guides can also accommodate Type 1 Riders, who seek less mileage or fewer uphills, with a boost in the van. Those who wish to ride every mile but are concerned about their physical ability may want to try our electric bike option—you still get a workout but can climb alongside even the strongest rider. Type 3 Riders will enjoy the extra mileage the avid route options offer.

To experience a region, busy roads are avoided as much as possible. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.