Piedmont is the seat of Italy’s heritage. And what a luxurious seat it can be. With Trek Travel as your guide, you'll experience a region of Italy that’s authentic, rich and one of its best kept secrets. Here, our days will be spent riding through rolling vine-covered landscapes, taking in a new panorama at every turn and stopping for a sample of local Barbaresco, Barolo or Dolcetto di Dogliani wines. Then maybe lunch at a charming Italian trattoria, or stroll through an authentic hilltop village. In between, we’ll discover the secrets of the internationally iconic Slow Food movement at a cooking class in the 1,000-year-old village of La Morra. You’ll spend the morning searching for treasured seasonal truffles and indulge in a private tasting of world-renowned wines. You’ll discover the secrets of mozzarella making and enjoy a simple yet pristine picnic in a local farm and as the day comes to an end you’ll relax in the comfort of our lavish properties. And as the mountains pop through the clouds over a bed of rolling vines, you’ll both relax at such an indulgent trip into Italy’s heart, and regale at the food, culture and stunning landscape that has just unfolded before your eyes.

TRIP WOWS
Sip wines to die for including Barolo and Barbaresco, both local and counted among the greatest vineyards worldwide
Learn the secrets of Piedmontese cuisine and its influence on Slow Food, with a private cooking class
Stay in an indulgently luxurious villa and an extravagant 5* Relais Chateaux in the heart of Piedmont

From $4999
Rider Type Active
Hotel Style Luxury
Duration 6 days | 5 nights
Start | End Turin, Italy
Dates 2020/May/Sep/Oct
Today's Ride: Chersaco to Monforte d'Alba
Approximately 21 miles with 1,800 feet of climbing

DESCRIPTION:
Welcome to Piedmont! A 50-minute shuttle whisks you from the chic city of Turin into the heart of Piedmont and to Cherasco, a riverside town, considered to be a crossroad between medieval and baroque Italy. Enjoy a tasty lunch at a selected restaurant and your Trek Travel guides will ensure you have the perfect fit to your Trek Domane bike for the week. This afternoon, you'll ride through quaint farmland of Monchiero, before a final climb to our home for the next few days, Monforte d'Alba and our luxury villa hotel. Tonight, you'll savor an aperitif while your guides introduce you to the adventures of the week to come before a short stroll into the village where we'll first discover the joy of Piedmontese cuisine. Try some delicious ravioli bursting with herbs and seirass cheese, or a roasted shank of pork cooked in local vino bianco (white wine).

HOTEL:
Villa Beccaris

INCLUDED MEALS:
Lunch | Social Hour | Dinner

Partake in a time-honored tradition: enjoy a truffle hunt, guided by a local Piedmontese third generation truffle hunter and his dogs
**Day 2**

**TODAY’S RIDE:**
**Monforte to Dogliani Loop**  
Approximately 31 miles with 3,100 feet of climbing

**SHORT OPTION:**
**Monforte to Dogliani**  
Approximately 25 miles with 2,300 feet of climbing

**AVID OPTION:**
**Monforte to Marsaglia to Dogliani Loop**  
Approximately 43 miles with 4,300 feet of climbing

**DESCRIPTION:**
After your morning cappuccino, we head south, deep into the heart of the Cuneo Province. Weave your way up and down through sloping vineyards of Dolcetto grapes, which thrive in this area's clay and limestone soil. For five centuries, grape growers of the Langa Doglianese region have continued to select and cultivate their vines with pride. The resulting Dolcetto di Dogliani wine is famous for its full flavor and remarkable versatility of pairing with food. You’ll have the chance to leisurely pedal through the hills and enjoy a cappuccino or choose to enjoy some extra climbing through the Langhe hills and explore the tiny village of Marsaglia. Continue onto the medieval core of Dogliani village itself to find a local trattoria for lunch. Afterward, take the shuttle back to relax at the hotel pool, or wind your way back through the vines to Monforte d’Alba. Tonight, prepare for an evening exploring the tastes of Piedmont in a family home, and an intimate cooking class with a wine paired dinner.

**HOTEL:**
Villa Beccaris

**INCLUDED MEALS:**
Breakfast | Dinner

**Day 3**

**TODAY’S RIDE:**
**Monforte to Barolo Loop**  
Approximately 24 miles with 2,300 feet of climbing

**SHORT OPTION:**
**Monforte to castello di Serralunga d’Alba with shuttle to hotel**  
Approximately 17 miles with 1,300 feet of climbing

**AVID OPTION:**
**Monforte to Barolo to Perno Loop**  
Approximately 34 miles with 3,500 feet of climbing

**DESCRIPTION:**
Today we depart for a stunning ride through some of the area’s most prestigious cru vineyards and to the village of Barolo itself. Stop and explore the Barolo Museo de Cavatappi, or Corkscrew Museum, in this ancient village and drop into the enoteca next door for a taste of the town’s famous wines. It’s not every day you get to taste world-class wine at its source. Once back in the saddle, climb up into Monforte d’Alba past the castle of Serralunga d’Alba, one of the most ancient fortified structures of the Langhe region and return to Monforte d’Alba to enjoy lunch at your leisure. This afternoon, relax at the hotel spa or by the pool, alternatively embark on an additional avid loop through the charming village of Perno. Tonight, take a relaxed stroll or linger over a long meal of your choice in Monforte d’Alba.

**HOTEL:**
Villa Beccaris

**INCLUDED MEALS:**
Breakfast | Lunch

**Day 4**

**TODAY’S RIDE:**
**Monforte to Neive to Santo Stefano Belbo**  
Approximately 32 miles with 3,000 feet of climbing

**SHORT OPTION:**
**Monforte to Neive with shuttle to hotel**  
Approximately 24 miles with 2,100 feet of climbing

**AVID OPTION:**
**Benevello to Tre Stelle to Neive to Santo Stefano Belbo**  
Approximately 40 miles with 4,000 feet of climbing

**DESCRIPTION:**
Don’t forget your camera today! As we start today’s ride, the mountains pop through the clouds over a bed of rolling vines, it’s hard to imagine anything more stunning as you climb through some of the most beautiful and authentic hilltop villages of the Barbaresco region. With a big name thanks to its world-class wine, this area is also the birthplace of the Slow Food movement. We’ll stop for lunch in Neive, a charming village inhabited since the Neolithic era, around 5000 years ago. Enjoy the panoramic views of this ancient hill top town and lunch at a local osteria hidden in the narrow, cobbled streets, where they serve up some of the best of Italian antipasti alongside Barbaresco wines. After lunch, it’s a short ride through country lanes and hazelnuts groves to our home for the next two nights, Relais San Maurizio. Unwind and enjoy this 5-star hotel, lovingly restored from a 17th-century monastery, it boasts a beautiful spa, organic vegetable gardens and a wine cellar that dates back to 1700, it is sure to delight all your senses. Tonight, you’ll dine at the hotel’s Michelin starred restaurant - Restaurant Guido da Costigliole. It’s sure to be unforgettable.

**HOTEL:**
Relais San Maurizio

**INCLUDED MEALS:**
Breakfast | Lunch | Dinner
**Day 5**

**TODAY’S RIDE:**
Santo Stefano Belbo to Costigliole D’Asti Loop
Approximately 28 miles with 2,500 feet of climbing

**AVID OPTION:**
Santo Stefano Belbo with Valdivilla climb
Approximately 35 miles with 3,500 feet of climbing

**TODAY’S ACTIVITY**
Truffle hunt with fresh mozzarella and truffle-themed lunch

**DESCRIPTION:**
Today we set off through woodlands, and if we’re lucky, a clear view of the grandiose Alps in the distance before winding our way through the cultivated vineyards and natural forests en route to the charming village of Costigliole d’Asti, where we’ll pay tribute to the famous truffle. You’ll have the opportunity to set off on a hunt of your own, aided by Natale, a fifth generation “trifolao” and his local canine professionals who will, of course, sniff out the delicacy. Truffle-hunting is one of the long-standing traditions of Piedmontese culture and you can learn about the truffle’s cultural and economic importance in this area. Afterward, surrender your taste buds as our friend and local chef Pepe makes fresh mozzarella by hand for lunch. Watch as he stirs and stretches these delicious curds ready for a delicious, farm to table, truffle-themed lunch. If you still have the legs, jump back on your bike and climb to Valdivilla or shuttle straight back home and enjoy one last afternoon at the hotel. This evening, we’ll take a short shuttle to the UNESCO world heritage wine cellar, Coppo. We’ll tour their historical underground cellars, learn about the history of one of the oldest family-run wineries in all of Italy and taste their famous Asti Supmante wines. Afterward a short stroll takes us to Ristorante San Marco for our final Piedmontese feast. Raise a glass and toast to an incredible week of riding, culinary treats, newfound friends and great wine!

**HOTEL:**
Relais San Maurizio

**INCLUDED MEALS:**
Breakfast | Lunch | Social Hour | Dinner

**Day 6**

**TODAY’S RIDE:**
Santo Stefano Belbo to Camo Loop
Approximately 10 miles with 1,200 feet of climbing

**DESCRIPTION:**
Though this morning’s ride is short but with a stiff climb, it’s a great last spin through the countryside. If you’d rather, simply linger over a hot cappuccino and enjoy a leisurely morning, soaking in the gorgeous views from the breakfast patio. Before you bid your farewells, stroll through the grounds of the hotel one last time and savor the picturesque, peaceful Piedmontese landscape.

**INCLUDED MEALS:**
Breakfast

---

**WHAT’S INCLUDED**

For us, the details matter most
Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It’s the little additions to every Trek Travel cycling vacation that make it truly special. And that’s how we help you create more memories.

What’s Included

- 5 nights of accommodation at two handpicked hotels
- Two experienced guides to provide local knowledge, support, and camaraderie
- Daily route support with both guides and our support van
- Daily breakfast, 4 lunches and 4 dinners
- 2 social hours of drinks and hors d’oeuvres
- Ride a Trek Domane SL 7 disc or Trek Electric-Assist Verve+
- Up to three daily route options on riding days
- Snacks and drinks for each day’s ride
- Trek Travel Bontrager cycling jersey and socks to keep
- Trek Travel water bottles to keep
- Cinch sack day bag to keep
- Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
- Bontrager WaveCel helmets
- All gratuities for drivers, local experts and hospitality staff
• All luggage transfers and transportation during your trip
• A personalized photobook of your trip
• Entrance fees for all activities, private tours and events

Gear
• Trek Domane SL 7 disc carbon road bike with Shimano Di2 electronic shifting or Trek Electric-Assist Verve+, available in a limited quantity
• Trek Travel Bontrager cycling jersey and socks to keep
• Trek Travel water bottles to keep
• Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
• Bontrager WaveCel helmet
• Bontrager men’s and women’s specific saddles
• Bontrager front and rear Flare R lights and a flat pack
• Garmin Edge 1030 GPS computer
• Cinch sack day bag to keep
• Upgrade your bike to include carbon wheels (+$200)
• Coupon valued up to $500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.

For the most comfortable ride, you may choose to bring your own pedals, saddle, and helmet on the trip. Your guides will install your gear on the first day during your bike fit.

THANK YOUR GUIDES, BY TIPPING
Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What’s Not Included
• Airfare and transportation to and from the trip pick-up/drop-off locations
• Lodging before and after the trip
• Personal items purchased during the trip
• Optional activities not scheduled by Trek Travel
• On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.

HOTELS

VILLA BECCARIS
MONFORTED’ALBA
Villa Beccaris Monforte d’Alba This 18-century villa is nestled in between the medieval village of Monforte d’Alba, and gently-sloping vineyards. Every room in this immaculately-restored hotel has its own unique charm and the hotel comes complete with an infinity pool and rooftop patio.

RELAIS SAN MAURIZIO
SANTO STEFANO BELBO
Set in the UNESCO World Heritage site of the Langhe, this 5-star hotel was lovingly restored from a 17th-century monastery and boasts its own organic vegetable gardens, a precious legacy of the monks. Spoil your taste buds in the Michelin starred restaurant, Restaurant Guido da Costigliole, savor a glass of Barolo on the garden terrace of the Truffle Cafe, or relax by the pool with sweeping views of the Moscato vineyards and the Langa hills.
How To Get There

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend that you fly into Turin-Caselle Airport (TRN). The Turin airport is about 15 miles from the city center. You can take a taxi (~40 euros) directly to the Turin Porta Nuova station, or a bus which departs every 15 minutes. See www.sadem.it for airport shuttle bus information.

Meeting Time And Location

Your Trek Travel guides will meet you at the Turin Palace Hotel (Via Paolo Sacchi, 8) at 11:00 AM on the first day of the trip. We will then shuttle 90 mins to the Castello di Monticello where you’ll enjoy a guided tour of the castle before our first taste of Piedmontese cuisine with lunch in the castle restaurant.

If you will be late for the pick-up or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our first hotel, Villa Beccaris (+39 0173 78158), and leave a message with your expected arrival time and contact details.

Departing Time And Location

You will say farewell to your guides at 11:00 AM at the Relais San Maurizio, Santo Stefano Belbo, Italy. You’ll depart by private shuttle for Porta Nuova train station, Turin, where trains connect to many European cities, arriving close to 12:30 PM. Please do not book seats before 1:30 PM, allowing adequate connection time for any ongoing travel or possible traffic delays. The airport in Turin (TRN) is 15 miles from the city. You can reach it by SADEM bus service which runs every 15 minutes, please do not schedule a flight prior to 4:00 PM. Visit www.TrenItalia.com for train information and www.sadem.it for airport shuttle bus information.

Before & After: Turin, Italy

Turin is set in the Piedmont region of northwestern Italy, a one-hour drive from the French border and slightly more than that from the Mediterranean sea. It’s famous for being the home of Italy’s royal family and the world famous football team Juventus. It has a fine, aristocratic atmosphere, with sophisticated shops, art nouveau cafes, grand boulevards and palaces, art galleries and more. Stroll along the Via Roma to witness many of the must-see sights or take a seat in the Piazza Castello at a pavement cafe to enjoy an espresso and watch the world go by. We recommend the following accommodations for your pre and post-trip hotel:

TOWNHOUSE 70

Just few steps from the major attractions of the city such as Palazzo Madama and Palazzo Reale, and 1km from the Porto Nuovo train station, TownHouse 70 is a sophisticated boutique hotel offering all the comforts of home along with state of the art technology. It is a refined retreat for the seasoned global traveler, setting itself apart from other luxury hotels in Turin.

70.townhousehotels.com | ~$300 euros

PRINCIPI DI PIEDMONTE

The Principi di Piemonte in Turin is an elegant 5 star hotel located in the heart of the city, in Via Piero Gobetti, facing the renowned street, via Roma. The Health Center at the hotel joins elegance and class with traditional and the newest wellness and beauty treatments.

www.atahotels.it/en/principi-di-piemonte | ~$350 euros

TURIN PALACE HOTEL

Perfectly located in a prestigious building dating back 1850 and directly across from Porta Nuova train station, this luxury 4 star hotel offers a stay that is rich in history but with the most modern amenities. It also boasts a gourmet restaurant, rooftop terrace, and full service spa.

www.turinpalacehotel.com | ~$200 euros

* Hotels listed above are local properties we love. We do not have special rates available.
What Are The Daily Rides Like?

- Rider Type | 3 - Active
- Average Daily Mileage | 27
- Terrain | Hilly
- Average Daily Elevation | 2,633 feet
- Total Miles | 159
- Total Elevation | 15,800 feet

Averages and totals are calculated from our "Today's Ride/Avid Ride" options.

The terrain throughout Piedmont is hilly with long, rolling hills through vineyards and farmland. Some days the hills are short and rolling while others include sustained climbing. Piedmont is surrounded by the Alps to the north and west, to the south you'll find the Apennines and to the east by plains. Piedmont is best suited for our Type 3 Riders. Our Trek Travel guides can also easily accommodate Type 2 Riders, who seek less mileage or fewer uphills, with a boost in the van. Those who wish to ride every mile but are concerned about their physical ability may want to try our electric bike option—you still get a workout but can climb alongside even the strongest rider. Type 4 Riders will enjoy the extra mileage the avid route options offer.

What are the options for a non-rider travel companion?

On most Trek Travel trips, we offer non-riding options for riders who want to take the afternoon off, or travel companions who want to spend little or no time in the saddle. Some of these options may need to be scheduled before your trip—please contact one of our Trip Consultants for more information. Expenses and/or related transportation to these activities may not be included in the trip price. Some non-riding options on this trip are:

- Wine cellar tour and tasting
- Cooking school
- Truffle hunt

Trip Changes

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths to experience a region; busy roads are avoided as much as possible. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.