

PIEDMONT CUSTOM

BARBARESCO, BAROLO AND BARBERA

Piedmont is home to the UNESCO world heritage wine regions of Barolo, Barbaresco and Barbera, the Slow Food movement and the prized white truffles of Alba. This lesser-known region of Italy is a secret best kept. Unpack your bags and relax at two 5-star, historic villas, while the beauty and charm of this region unfolds. Ride through the rolling vine-covered landscapes and at each turn embrace a new panorama spotted with charming villages, each with its own dramatic castle perched on the hillsides. Discover the secrets of time-honored, gastronomic traditions at a cooking class in the 1,000-year-old village of La Morra, spend the morning searching for the treasured seasonal truffle and indulge in private tastings of world-renowned wines. As the mountains pop through the clouds over a bed of rolling vines, it's hard to imagine a more perfect week.

TRIP WOWS

Enjoy a private, guided tasting of the famous wines of Barolo and Barbaresco, which are counted among the greatest vineyards worldwide

Learn the secrets of Piedmontese cuisine (which started the Slow Food movement) with a private cooking class

Stay in two indulgently luxurious hotels for the duration of your stay in Piedmont

Enjoy a truffle hunt guided by a local Piedmontese, fifth generation truffle hunter and his dogs

Ride through prestigious cru vineyards in the foothills of the Alps

From
Custom

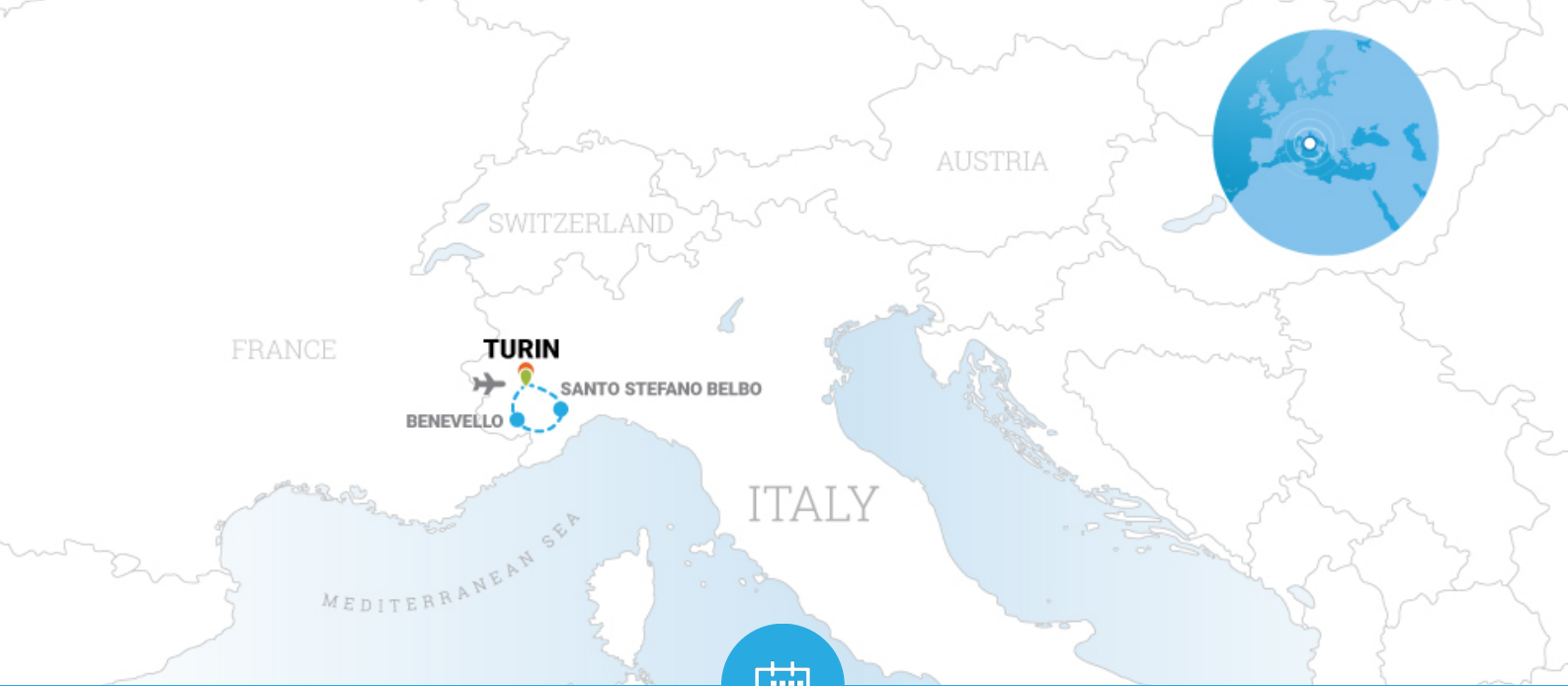
Rider Type
Active

Hotel Style
Luxury

Duration
7 days | 6 nights

Start | End
**Turin, Italy | Monforte
d'Alba, Italy**

Dates
Dates Coming Soon



DAILY ITINERARY

2019

Day

1

TODAY'S ACTIVITY:

Arrival into Turin

Enjoy a pre-night stay at a luxury hotel

DESCRIPTION:

Arrive into Turin and transfer to your hotel, the Turin Palace Hotel at your leisure. Tonight is yours to explore the streets of this elegant city. Wander through the grand boulevards and visit sophisticated shops, art nouveau cafes, art galleries and more or take a seat in the Piazza Castello at a pavement cafe to enjoy a glass of wine and watch the world go by.

HOTEL:

Turin Palace Hotel

Day

2

TODAY'S RIDE:

Serrevalle Langhe to Benevello

Approximately 18 miles with 1,700 feet of climbing

DESCRIPTION:

After breakfast, this morning, you'll meet your guides and a 90-minute shuttle whisks you into the heart of Piedmont, where you'll enjoy a tasty lunch at a country restaurant and your Trek Travel guides will ensure you have the perfect fit to your Trek Domane bike for the week. This afternoon, you'll ride through protected forests, skirting famous wine villages to our first luxury villa hotel. This evening, we'll gather for a sommelier-led tasting of the renowned Piedmontese wines followed by a spectacular eight course Michelin starred dinner, courtesy of Michelin starred chef Damiano Nigro, paired with your favorite vintage.

HOTEL:

Relais Villa D'amelia

INCLUDED MEALS:

Lunch | Social Hour | Dinner

Day

3

TODAY'S RIDE:

Benevello to Barolo Loop

Approximately 34 miles with 3,200 feet of climbing

AVID OPTION:

Benevello to Barolo to Serravalle Loop

Approximately 37 miles with 3,600 feet of climbing

TODAY'S ACTIVITY:

Exploring the tastes of Piedmont at a cooking class and wine paired dinner

DESCRIPTION:

Today we depart for a stunning ride through some of the area's most prestigious cru vineyards and to the village of Barolo itself. Stop and explore the Barolo museum in this ancient village and drop into the enoteca next door for a taste of the town's famous wines. It's not every day you get to taste world-class wine at its source. Once back in the saddle, climb up into Monforte d'Alba past the castle of Serralunga d'Alba, one of the most ancient fortified structures of the Langue region. Choose to add some more miles to your day with a climb to Serravalle Langhe or continue on through rolling hills to enjoy lunch at a small country trattoria. This afternoon, relax at the hotel pool before we shuttle to the 1000yr old village of La Morra for an evening exploring the tastes of Piedmont in an organic winery, and an intimate cooking class with a wine paired dinner.

HOTEL:

Relais Villa D'amelia

INCLUDED MEALS:

Breakfast | Lunch | Dinner

Day

4

TODAY'S RIDE:

Benevello to Neive to Santo Stefano Belbo

Approximately 34 miles with 3,200 feet of climbing

SHORT OPTION:

Short Benevello to Neive

Approximately 17 miles with 1,100 feet of climbing

AVID OPTION:

Benevello to Neive to Santo Stefano Bellbo

Approximately 43 miles with 4,600 feet of climbing

DESCRIPTION:

Don't forget your camera today! As we start today's ride, the mountains pop through the clouds over a bed of rolling vines, it's hard to imagine anything more stunning as you climb through some of the most beautiful and authentic hilltop villages of the Barbaresco region. With a big name thanks to its world-class wine, this area is also the birthplace of the Slow Food movement. We'll stop for lunch in Neive, a charming village inhabited since the Neolithic era, around 5000 years ago. Enjoy the panoramic views from this ancient hilltop town and choose your own lunch at one of the many osterias hidden in the narrow, cobbled streets, where they serve up some of the best of Italian antipasti alongside Barbaresco wines. After lunch, it's a short ride through country lanes and hazelnuts groves to our home for the next 3 nights, Relais San Maurizio. Unwind and enjoy this 5-star hotel, lovingly restored from a 17th-century monastery, it boasts a beautiful spa, organic vegetable gardens and a wine cellar that dates back to 1700, it is sure to delight all your senses. This evening is yours to dine at the hotel at the time of your choosing.

HOTEL:

Relais San Maurizio

INCLUDED MEALS:

Breakfast | Lunch | Dinner

Day

5

TODAY'S RIDE:

Santo Stefano Belbo to Canelli Loop

Approximately 31 miles with 3,400 feet of climbing

AVID OPTION:

Santo Stefano Belbo to Mango to Canelli Loop

Approximately 39 miles with 4,500 feet of climbing

TODAY'S ACTIVITY

Wine tasting at UNESCO world heritage wine cellar, Coppo

DESCRIPTION:

After your morning cappuccino, we head south, deep into the heart of the Asti Province. Weave your way up and down through sloping vineyards of Moscato Bianco grapes. For centuries, grape growers of the Asti region have continued to select and cultivate their vines with pride, resulting in the delightful Asti Spumante, a refreshing, sparkling white wine. You'll have the chance to leisurely pedal through the hills and enjoy a cappuccino or choose to enjoy some extra climbing through the tiny village of Mango before arriving back at our hotel where you can relax over lunch at the charming Truffle Bistro. This evening, we'll take a short shuttle to the UNESCO world heritage wine cellar, Coppo. We'll tour their historical underground cellars, learn about the history of one of the oldest family-run wineries in all of Italy and taste their premium wines. Afterward, a short stroll takes us to Ristorante San Marco for another Piedmontese feast.

HOTEL:

Relais San Maurizio

INCLUDED MEALS:

Breakfast | Lunch | Dinner

Day

6

TODAY'S RIDE:

Santo Stefano Belbo to Costigliole D'Asti w/shuttle to hotel

Approximately 15 miles with 1,100 feet of climbing

AVID OPTION:

Santo Stefano Belbo to Costigliole D'Asti Loop with Valdivilla climb

Approximately 35 miles with 3,500 feet of climbing

TODAY'S ACTIVITY

Truffle hunt and fresh mozzarella making demo, with truffle-themed lunch

DESCRIPTION:

Today we set off through woodlands, and if we're lucky, a clear view of the grandiose Alps in the distance before winding our way through the cultivated vineyards and natural forests en route to the charming village of Costigliole d'Asti, where we'll pay tribute to the famous truffle. You'll have the opportunity to set off on a hunt of your own, aided by Natale, a fifth generation "trifolao" and his local canine professionals who will, of course, sniff out the delicacy. Truffle-hunting is one of the long-standing traditions of Piedmontese culture and you can learn about the truffle's cultural and economic importance in this area. Afterwards, surrender your taste buds as our friend and local chef Pepe makes fresh mozzarella by hand for lunch. Watch as he stirs and stretches these delicious curds ready for a delicious, farm to table, truffle-themed lunch. If you still have the legs, jump back on your bike and climb to Valdivilla or shuttle straight back home and enjoy one last afternoon at the hotel. Tonight, you'll gather for an aperitif and some local music before a Michelin starred dinner at the hotel's Restaurant Guido da Costigliole. Raise a glass and toast to an incredible week of riding, culinary treats and great wine.

HOTEL:

Relais San Maurizio

INCLUDED MEALS:

Breakfast | Lunch | Social Hour | Dinner

Day

7

TODAY'S RIDE:

Santo Stefano Belbo to Camo Loop

Approximately 10 miles with 1,200 feet of climbing

DESCRIPTION:

Though this morning's ride is short but with a stiff climb, it's a great last spin through the countryside. If you'd rather, simply linger over a hot cappuccino and enjoy a leisurely morning, soaking in the gorgeous views from the breakfast patio. Before you bid your farewells, stroll through the grounds of the hotel one last time and savor the picturesque, peaceful Piedmontese landscape.

INCLUDED MEALS:

Breakfast

WHAT'S INCLUDED

For us, the details matter most

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Trek Travel cycling vacation that make it truly special. And that's how we help you create more memories.

What's Included

- 6 nights of accommodation at handpicked hotels
- Two experienced guides to provide local knowledge, support, and camaraderie
- Daily route support with both guides and our support van
- Daily breakfast, some lunches and dinners
- Social hour of drinks and hors d'oeuvres
- Ride a Trek Domane SL 7 Disc, Trek's newest Electric-Assist, or a Trek 7.6 FX Hybrid
- Up to three daily route options on riding days
- Snacks and drinks for each day's ride
- Trek Travel Bontrager cycling jersey to keep
- Trek Travel water bottles to keep
- Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
- All gratuities for drivers, local experts and hospitality staff
- All luggage transfers and transportation during your trip
- A personalized photobook of your trip
- Entrance fees for all activities, private tours and events

Gear

- Trek Domane SL 7 Disc carbon road bike with Shimano Di2 electronic shifting or Trek 7.6 FX Hybrid bike
- Trek Electric Assist XM700+ also available in a limited quantity
- Trek Travel Bont rager cycling jersey to keep
- Trek Travel water bottles to keep
- Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
- Bont rager helmet and saddle
- Bont rager front and rear Flare R lights and a flat pack
- Garmin Edge 1030 GPS computer
- Upgrade your bike to include carbon wheels (+\$200)
- Coupon valued up to \$500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.
- *You may bring your own pedals and saddle on the trip. Your guides will install your gear on the first day during your bike fit.*

THANK YOUR GUIDES, BY TIPPING

Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What's Not Included

- Airfare and transportation to and from the trip pick-up/drop-off locations
- Lodging before and after the trip
- Personal items purchased during the trip
- Optional activities not scheduled by Trek Travel
- On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.

HOTELS



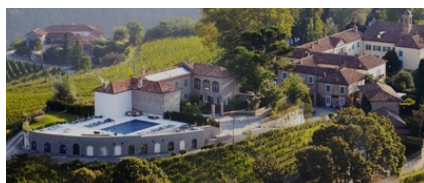
RELAIS VILLA D'AMELIA

BENEVELLO, ITALY



A historic villa surrounded by rich forests and spectacular hazelnut groves. Enjoy a glass of the local vintage from

the hotel gardens while inhaling breathtaking views of the Alps. With luxuriously decorated rooms, an indulgent spa, and an exclusive Michelin starred restaurant, the Villa D'Amelia's mix of modern luxury and rich history is sure to enchant you.



RELAIS SAN MAURIZIO

SANTO STEFANO BELBO, ITALY



Relais San Maurizio is uniquely situated in Piedmont and is an ancient XVII century monastery. The frescoed halls, uniquely decorated

rooms, gardens and park with centuries-old trees are all truly enchanting. Enjoy the stunning 360° view of the surrounding landscape from the hilltop, outdoor swimming pool. The hotel is also home to the Michelin starred 'di Guido da Costigliole' restaurant and the exclusive 'La Via del Sale' Medical & Beauty SPA. It is a partner of the Relais & Chateaux chain.



How To Get There

We suggest that you arrive on June 9th, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend that you fly into Turin-Caselle Airport (TRN). The Turin airport is about 15 miles from the city center. You can take a taxi (~40 euros) directly to the Turin Porta Nuova station, or a bus which departs every 15 minutes. See www.sadem.it for airport shuttle bus information.

Before & After: Turin, Italy

Turin is set in the Piedmont region of northwestern Italy, a one-hour drive from the French border and slightly more than that from the Mediterranean sea. It's famous for being the home of Italy's royal family and the world famous football team Juventus. It has a fine, aristocratic atmosphere, with sophisticated shops, art nouveau cafes, grand boulevards and palaces, art galleries and more. Stroll along the Via Roma to witness many of the must-see sights or take a seat in the Piazza Castello at a pavement cafe to enjoy an espresso and watch the world go by. We recommend the following accommodations for your pre and post-trip hotel:

Meeting Time And Location

Your Trek Travel guides will meet you at the Turin Palace Hotel (Via Paolo Sacchi, 8) at 11:00 AM the following morning on June 10th. We will then shuttle 90 minutes into the wine country before our first taste of Piedmontese cuisine at a country restaurant.

If you will be late for the pick-up or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip starts with their names and contact details. If you cannot reach them, please call our first hotel, Relais Villa D'amelia (+39 0173 529225), and leave a message with your expected arrival time and contact details.

Departing Time And Location

You will say farewell to your guides at 11:00 AM at the Relais San Maurizio, Santo Stefano Belbo, Italy. You'll depart by private shuttle for the Porta Nuova train station, Turin, arriving close to 12:30 PM. From here, trains connect to many European cities. Please do not book seats before 2:00 PM. The airport in Turin (TRN) is 15 miles from the city. You can reach it by SADEM bus service which runs every 15 minutes, please do not schedule a flight prior to 4:00 PM. Visit www.Trenitalia.com for train information and www.sadem.it for airport shuttle bus information.

TURIN PALACE HOTEL

Enjoy a pre-night at this beautiful hotel. Perfectly located in a prestigious building dating back 1850 and directly across from Porta Nuova train station, this luxury 4 star hotel offers a stay that is rich in history but with the most modern amenities. It also boasts a gourmet restaurant, rooftop terrace, and full service spa.

www.turinpalacehotel.com | ~\$200 euros

PRINCIPI DI PIEMONTE

The Principi di Piemonte in Turin is an elegant 5 star hotel located in the heart of the city, in Via Piero Gobetti, facing the renowned street, via Roma. The Health Center at the hotel joins elegance and class with traditional and the newest wellness and beauty treatments.

www.atahotels.it/en/principi-di-piemonte | ~\$350 euros

TOWNHOUSE 70

Just few steps from the major attractions of the city such as Palazzo Madama and Palazzo Reale, and 1km from the Porto Nuovo train station, TownHouse 70 is a sophisticated boutique hotel offering all the comforts of home along with state of the art technology. It is a refined retreat for the seasoned global traveler, setting itself apart from other luxury hotels in Turin.

70.townhousehotels.com | ~\$300 euros



FAQS

What Are The Daily Rides Like?

- Rider Type | 3 - Active
- Average Daily Mileage | 25
- Terrain | Hilly
- Average Daily Elevation | 2,500 feet
- Total Miles | 151
- Total Elevation | 15,100 feet

Averages and totals are calculated from our "Today's Ride" options.

The terrain throughout Piedmont is hilly with long, rolling hills through vineyards and farmland. Some days the hills are short and rolling while others include sustained climbing. Piedmont is surrounded by the Alps to the north and west, to the south you'll find the Apennines and to the east by plains. Piedmont is best suited for our Type 3 Riders. Our Trek Travel guides can also easily accommodate Type 2 Riders, who seek less mileage or fewer uphill, with a boost in the van. Those who wish to ride every mile but are concerned about their physical ability may want to try our electric bike option—you still get a workout but can climb alongside even the strongest rider. Type 4 Riders will enjoy the extra mileage the avid route options offer.

What are the options for a non-rider travel companion?

On most Trek Travel trips, we offer non-riding options for riders who want to take the afternoon off, or travel companions who want to spend little or no time in the saddle. Some of these options may need to be scheduled before your trip—please contact one of our Trip Consultants for more information. Expenses and/or related transportation to these activities may not be included in the trip price. Some non-riding options on this trip are:

- Wine cellar tour and tasting
- Cooking school
- Truffle hunt

Trip Changes

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths to experience a region; busy roads are avoided as much as possible. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.