

## SOLVANG 7-DAY RIDE CAMP BIKE TOUR

PRO CYCLING TRAINING AND HOME TO THE TOUR OF CALIFORNIA TIME TRIAL

One part wine country. One part Danish culture. All parts epic cycling. Solvang is just another stop in wine country to most California tourists, but to cyclists, it's something special. It hosted a time trial for the Tour of California multiple years since 2007. It's the basecamp for pro teams in the spring who want to train in the United States. And it's a great place to boost your fitness with a climb up Mt. Figuroa or spin through Foxen Canyon. Of course, you can't leave without sampling a wine or two, and maybe a taste of Abelskiver, the local Danish pastry. This is a vacation, after all. [Is a Ride Camp right for me? »](#)



From  
\$1799

Rider Type  
Avid

Hotel Style  
Explorer

Duration  
7 days | 6 nights

Start | End  
Solvang, California

Dates  
2020/Mar/Apr/May/Nov/  
Dec

### TRIP WOWS

Ride the popular wine trails, dance on your pedals in the Santa Ynez mountains, and through the canyons of wine country as you experience this diverse and dramatic landscape like never before

Dine on fresh, innovative cuisine prepared with ingredients from local farmer's markets

Discover the region that was made famous by the movie "Sideways"

Challenge yourself with some big miles on quiet rural roads



## DAILY ITINERARY

2020

Day  
1

### TODAY'S SELF-GUIDED RIDE:

Choose from one of our many self-guided ride options to explore the Valley, such as the Tour of California ITT course.

Approximately 15-29 miles with 800-1,700 feet of climbing

### DESCRIPTION:

After you check in to Hotel Corque, meet your Trek Travel guides to greet your bike for the week and talk about the daily schedule and ride options. It's a great day to get your legs moving on the 2009 Amgen Tour of California time-trial course, or check in to your hotel room and relax until you join the group for dinner and discuss the fun ahead.

### HOTEL:

Hotel Corque  
[VISIT WEBSITE](#)

### INCLUDED MEALS:

Dinner

Day  
2

### TODAY'S RIDE:

Zaca Station and Alisos Canyon

Approximately 24-48 miles with 1,300-3,000 feet of climbing

### DESCRIPTION:

Today we'll discover one of the classic byways out of Solvang through Foxen Canyon, known as the Wine Trail. With great views of Figueroa Mountain to the east, you'll enjoy a rolling ride through the famous vineyards of the valley, passing numerous ranches and farm fields.

### HOTEL:

Hotel Corque  
[VISIT WEBSITE](#)

### INCLUDED MEALS:

Breakfast | Lunch

## Day

### TODAY'S RIDE:

#### Jalama Beach

Approximately 75 miles with 4,900 feet of climbing

## 3

### DESCRIPTION:

It's a truly California-style ride today, with a classic route due West out of the Santa Ynez Valley and down the Santa Rosa Wine Road through vineyards, rolling hills, and amazing ranch scenery. We'll stop for lunch at the iconic Jalama Beach and then ride back with fingers crossed for a tailwind to push your aching legs home to Solvang.

### HOTEL:

Hotel Corque

[VISIT WEBSITE](#)

### INCLUDED MEALS:

Breakfast | Lunch | Dinner

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## Day

### TODAY'S SELF-GUIDED RIDE:

**Choose from rides such as the Lompoc loop, Santa Ynez loop, or tackle the ITT course.**

Approximately 15-50 miles with 800-2,500 feet of climbing

## 4

### DESCRIPTION:

Today is your day to explore on your own. As there will be some guests joining you today, and others departing, you have the opportunity to discover a new gem, tackle a ride you experienced in the days prior, or discover the side streets and windmills of Solvang.

### HOTEL:

Hotel Corque

[VISIT WEBSITE](#)

### INCLUDED MEALS:

Breakfast | Lunch | Dinner

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## Day

### TODAY'S RIDE:

#### Figueroa Mountain

Approximately 50 miles with 5,200 feet of climbing

## 5

### DESCRIPTION:

It's the Queen Stage of our Ride Camp experience. Today's the day we climb Mt. Figueroa. "The Fig" is ten miles of epic climbing, ranging in difficulty from rolling undulations to steep 14% pitches. This is one of the classic climbs of Santa Barbara County, attracting many cyclists that want to tackle this monster. Figueroa's 20 miles of terrain offers you stunning views of the Santa Ynez Valley and the Channel Islands on a clear day, and they are views you won't forget!

### HOTEL:

Hotel Corque

[VISIT WEBSITE](#)

### INCLUDED MEALS:

Breakfast | Lunch

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## Day

### TODAY'S RIDE:

#### Camino Cielo to Gibraltar

Approximately 50 miles with 6,700 feet of climbing

## 6

### DESCRIPTION:

After a short shuttle, this day brings another iconic climb with spectacular views of Santa Barbara and the Pacific ocean. This day will be perfect if you love a consistently tough climb. Our Camino Cielo to Gibraltar route offers a great warm up before 9 miles of uninterrupted climbing on great roads to some of the valley's grandest vistas. When you finish today's ride, choose to recover poolside at the hotel feeling proud and accomplished.

### HOTEL:

Hotel Corque

[VISIT WEBSITE](#)

### INCLUDED MEALS:

Breakfast | Lunch | Dinner

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# Day

# 7

## TODAY'S SELF-GUIDED RIDE:

Choose from rides such as the Lompoc loop, Santa Ynez loop, or tackle the ITT course.

Approximately 15-30 miles with 900-2,500 feet of climbing

## DESCRIPTION:

Today it's time to say a personal goodbye to Solvang with a ride of your choosing. You can revisit the time trial course for a beautiful spin on familiar winding country roads to finish off the week, or follow the local group ride route out of Solvang along the Santa Ynez Loop. Whichever you choose, it's a great way to cap a week of big miles.

## INCLUDED MEALS:

Breakfast

## WHAT'S INCLUDED

### For us, the details matter most

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Trek Travel cycling vacation that make it truly special. And that's how we help you create more memories.

### What's Included

- 6 nights of accommodation at handpicked hotels
- Experienced guides to provide local knowledge, support, and camaraderie
- A mix of self-guided and guided rides with our support van
- Daily breakfast, 5 lunches and 4 dinners
- Ride a Trek Domane SL 7 Disc
- Up to three daily route options on riding days
- Snacks and drinks for each day's ride
- Trek Travel water bottles to keep
- Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
- Bontrager WaveCel helmets
- All gratuities for drivers, local experts and hospitality staff
- All luggage transfers and transportation during your trip
- Entrance fees for all activities, private tours and events

### Gear

- Trek Domane SL 7 Disc carbon road bike with Shimano Di2 electronic shifting
- Trek Travel water bottles to keep
- Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
- Bontrager WaveCel helmet
- Bontrager men's and women's specific saddles
- Bontrager front and rear Flare R lights and a flat pack
- Garmin Edge 1030 GPS computer
- Upgrade your bike to include carbon wheels (+\$200)
- Coupon valued up to \$500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.
- *For the most comfortable ride, you may choose to bring your own pedals, saddle, and helmet on the trip. Your guides will install your gear on the first day during your bike fit.*

### THANK YOUR GUIDES, BY TIPPING

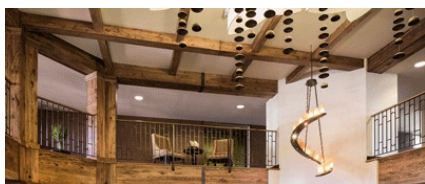
Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

### What's Not Included

- Airfare and transportation to and from the trip pick-up/drop-off locations
- Lodging before and after the trip
- Personal items purchased during the trip

- Optional activities not scheduled by Trek Travel
- On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.

## HOTELS



### HOTEL CORQUE

#### SOLVANG, CALIFORNIA

A solid schedule of riding needs an equally relaxing hotel for unwinding and recovering, and Hotel Corque is our destination for relaxation. This award-winning hotel in the heart of Solvang and captures the soul of this Danish hamlet in Santa Ynez Valley. Luxurious, spacious rooms welcome you after a long ride, we're just steps from the windmills, wine and charm of Solvang.



## MEETING & DEPARTING

### How To Get There

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays. We recommend that you fly into Santa Barbara Municipal Airport (SBA) in Goleta, CA approximately eight miles from downtown Santa Barbara.

From here, scheduled flights arrive from and depart to most major cities in the U.S. You can also fly into Los Angeles (LAX) but please be aware you will have to rent a car or look into shuttle options to Solvang. From LA, it takes approximately 3 hours to Solvang with traffic. Options to get to Solvang include local car rental, taxi, or you can book a shuttle from LAX for about \$250. Cars can generally be found inexpensively from the Santa Barbara Airport with multiple rental agencies available. Taxi from Santa Barbara's airport cost approximately \$90-\$100 from

### Meeting Time And Location

#### Hotel Corque | Solvang, California

Your Trek Travel staff will meet you at Hotel Corque (400 Alisal Road, Solvang, California 93464) between 12:00 PM-2:00 PM on the first day of the trip. Upon meeting your guides and getting checked into the hotel, we will ensure you have a great fit to your new bike for the week and give you a few pointers before you head off on a self-guided warm up ride.

If you will be late for the meeting time, or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our first hotel, Hotel Corque (800 624-5572), and leave a message with your expected arrival time and contact details. You can catch the Road Runner ride share shuttle from SBA to Solvang for approximately \$85, 1-800-247-7919, or alternatively you can catch a number of taxis for approximately \$90 - \$100.

### Departing Time And Location

#### Hotel Corque | Solvang, California

You will say farewell to your guides at 11:00 AM at Hotel Corque. Please be sure to book transportation to your departure airport prior to the end of your trip.

The use of your Trek Travel bike ends at 11:00 AM on the day of departure, and in some cases, may be needed for another guest arriving that day. Extensions may be available upon request but cannot be guaranteed before your trip begins.

SBA. Options include Shah's Taxi 805-708-1403, Promenade Taxi 805-252-5990, Santa Barbara Luxury Limo 805-722-7940.

## Before & After: Santa Barbara, California

Santa Barbara is a lively cosmopolitan city with plenty of opportunities for shopping, night life, and outdoor recreation. You can also explore some of southern California's other coastal cities, including Ventura, the inland Ojai, or the big one, Los Angeles, which is located approximately 90 minutes south of Santa Barbara. We recommend the following accommodations for your pre-trip hotel:

### THE PRESIDIO

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The Presidio is an iconic property located on the sought after destination of State Street in Santa Barbara, California. This newly refreshed 16 room boutique motel is in the historical district of State Street just steps away from world-class shopping, fine dining, cultural venues, superb entertainment, great beaches, and so much more—all within walking distance of our front doors.

[www.presidiosb.com](http://www.presidiosb.com) | ~\$185

### HOTEL OCEANA

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Hotel Oceana Santa Barbara was redesigned in 2008 by Annette Jaffe to complement the colorful grounds of the hotel and its enviable waterfront location. This cozy property is located just a short walk from the Marina, Stearns Wharf, State Street and many other Santa Barbara attractions and activities. Open your windows or sit in the courtyard to take in the sea breeze and the atmosphere along the oceanfront of this vibrant city.

[www.HotelOceanaSantaBarbara.com](http://www.HotelOceanaSantaBarbara.com) | ~\$200

### INN OF THE SPANISH GARDEN

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Located in downtown Santa Barbara in the Presidio District, this adobe-style resort has all the modern amenities including a heated pool, relaxing gardens, and a beautiful courtyard for unwinding. State Street, with its world-renowned culinary scene and shopping, is just three blocks away.

[www.SpanishGardenInn.com](http://www.SpanishGardenInn.com) | ~\$350

\* Hotels listed above are local properties we love. We do not have special rates available.



## FAQS

### What Are The Daily Rides Like?

- Rider Type | 4 - Avid
- Average Daily Mileage | 47
- Terrain | Hilly
- Average Daily Elevation | 3,786 feet
- Total Miles | 332
- Total Elevation | 26,500 feet

Averages and totals are calculated from our "Avid Ride" options.

The terrain is consistently rolling, with quiet, narrow, and winding roads. The road surface quality in the Solvang area can be poor at times and may include potholes or roughly patched surfaces. Many climbs

### What are the options for a non-rider travel companion?

On most Trek Travel trips, we offer non-riding options for riders who want to take the afternoon off, or travel companions who want to spend little or no time in the saddle. Non-riders are welcome on a Ride Camp trip if they are staying in the same room with a riding guest. The riding guest will be required to pay the single supplement fee for a private room and a meal package (\$350 for 7 day trips and \$200 for 4 day trips) for the non-rider to dine with the group. Please contact a trip consultant for details and to book a non-riding companion. Some of these activities have additional costs and can be arranged through the hotel's concierge. Some non-riding options on this trip are:

- Wine tastings
- Boutique shopping
- Hiking opportunities
- Explore local historic monuments and museums
- Horseback riding
- Golf
- Various outdoor activities including rafting, mountain biking, rock climbing, fishing

average just a few miles but tend to be steep, while the mighty Fig awaits at 9% for 10 miles. Solvang Ride Camps are best suited for our Type 4 Riders. Type 4+ Riders will enjoy the extra mileage the avid route options offer.

and more

- Spa Services

## Trip Changes

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths to experience a region; busy roads are avoided as much as possible. Though our routes are well-researched to provide the best possible riding experience, riders should be prepared for road surfaces of varying quality which, at times, can be poor. To improve comfort and performance, we have outfitted our Domane bikes in Solvang with a wider, 32cm Bontrager AW3 Hard Case lite tire to better accommodate the road surfaces. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.