



VERMONT FAMILY

EXPLORE VERMONT FROM THE CHAMPLAIN VALLEY TO THE
GREEN MOUNTAINS

If you are looking to recapture the old-fashioned magic of summer with your family, look no further than central Vermont. Unwind at a lakeside resort with endless activities for all ages. Pedal between farms and along rivers from one quaint town to the next in search of Vermont's best local ice cream. Cruise, kayak, paddle board on Lake Champlain and visit the Maritime Museum for a history lesson. Cross over to the Green Mountains, where you'll cycle to a local swimming hole and visit the hills that are alive with The Sound of Music. Time to relax completely as your guides take care of all the details, and you simply enjoy the timeless magic of our Vermont family vacation. This trip has something for everyone and we are excited to bring your dream vacation to life in this wonderful place.

From
Prices Coming Soon

Rider Type
Recreational

Hotel Style
Explorer

Duration
6 days | 5 nights

Start | End
Burlington, Vermont

Dates
Dates Coming Soon

TRIP WOWS

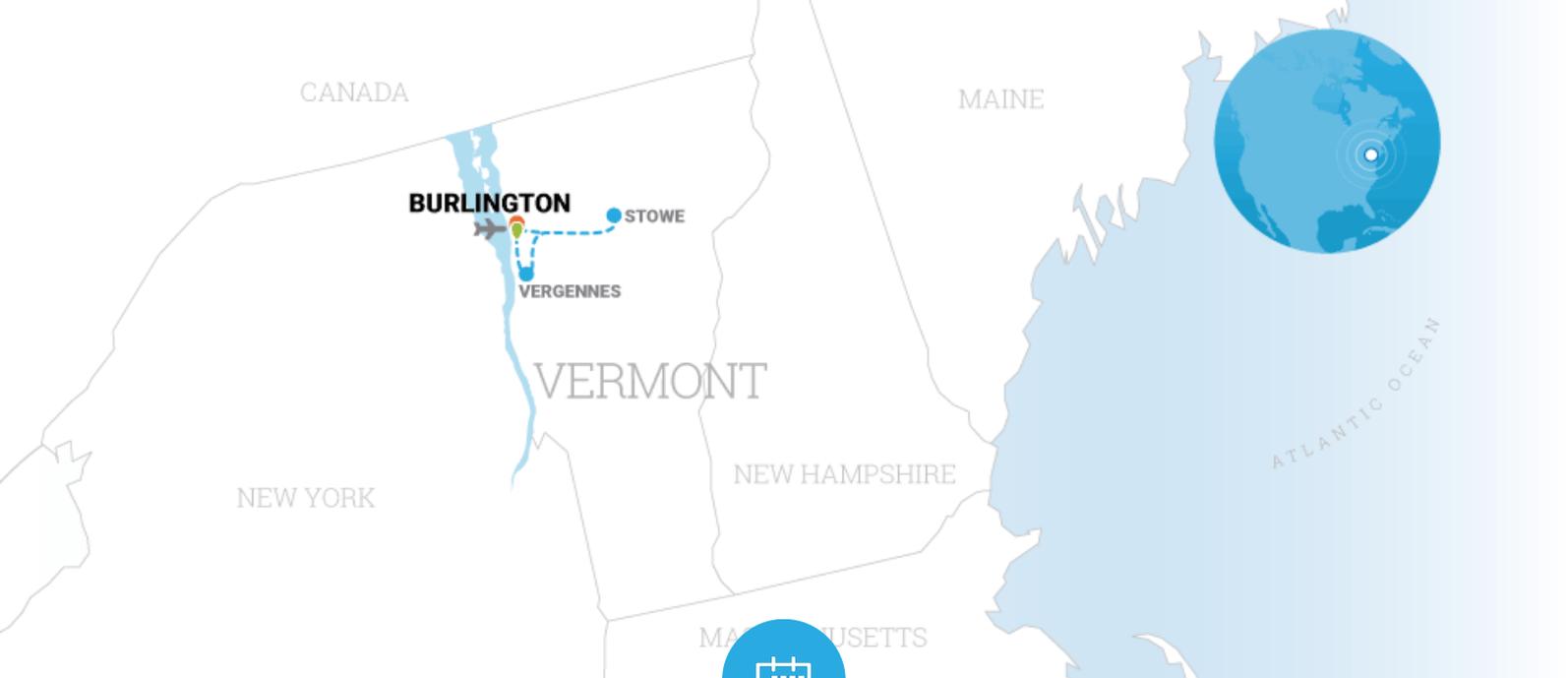
Kids will love everything about this trip: cruising on Lake Champlain, visiting lakes and swimming holes, hiking, kayaking, paddle boarding, riding bikes in the rolling countryside, and visiting Ben & Jerry's Ice Cream Factory

Celebrate Vermont's artisan food scene by enjoying lunch at a local farm

Parents enjoy a night out in Vergennes at a local favorite bistro and craft brewery, while the guides entertain the kids at Basin Harbor

Ride quiet winding roads from Lake Champlain to the verdant forests of the Green Mountains

Hike to the fire tower atop Elmore Mountain for great views of the surrounding countryside



DAILY ITINERARY

2019

Day

1

TODAY'S RIDE:

Shelburne to Vergennes

Approximately 29 miles with 1,200 feet of climbing

SHORT OPTION:

Shelburne to Charlotte Town Beach

Approximately 7 miles with 300 feet of climbing

DESCRIPTION:

After a brief shuttle, you'll arrive at a local farm where we'll kick off the week with lunch featuring locally grown food. Afterwards, your guides will familiarize you with your Trek bicycle and make sure you have a comfortable fit before setting off on your first ride. You'll pedal through the countryside as you make your way to Basin Harbor on the shore of Lake Champlain. Explore the resort and get settled into your room before joining the group for social hour cruise on the Lake - be sure to ask your captain about the famous shipwrecks that have occurred nearby. After we dock, we'll enjoy a delicious dinner featuring local Vermont fare and your guides will fill you in on the details of the week to come!

HOTEL:

Basin Harbor

[VISIT WEBSITE](#)

INCLUDED MEALS:

Lunch | Social Hour | Dinner

Day

2

TODAY'S RIDE:

Basin Harbor to Middlebury

Approximately 21 miles with 1,300 feet of climbing

SHORT OPTION:

Basin Harbor to Vergennes

Approximately 7 miles with 300 feet of climbing

AVID OPTION:

Middlebury Loop

Approximately 41 miles with 2,300 feet of climbing

DESCRIPTION:

Enjoy views of the mountains to the east and Lake Champlain to the west as we pedal through rolling farmland. You'll stop for a visit at the Morgan Horse Farm or a local dairy farm before arriving in the historic town of Middlebury. Take some time to explore town and take in views of Middlebury Falls, and enjoy lunch at the cafe of your choice. Afterwards, choose to ride back to Basin Harbor or shuttle back to take advantage of the pool, beach or lawn games or other activities at this family friendly resort. This evening you'll be treated to dinner at Basin Harbor's own Ardelia's overlooking Lake Champlain.

HOTEL:

Basin Harbor

[VISIT WEBSITE](#)

INCLUDED MEALS:

Breakfast | Dinner

Day

3

TODAY'S RIDE:

Chimney Point Loop

Approximately 32 miles with 1,100 feet of climbing

SHORT OPTION:

Panton Loop

Approximately 12 miles with 500 feet of climbing

AFTERNOON ACTIVITY:

Kayak or Stand Up Paddle Board on Lake Champlain

DESCRIPTION:

Today's ride is a relaxing spin to the south following the contour of the lake. Take some time to enjoy the scenery once again as you make your way to Chimney Point and back to the hotel. After a casual lunch, choose a kayak or paddle board and we'll head out for a relaxing afternoon paddle on Lake Champlain. Tonight, the guides will entertain the kids and grab dinner at Basin Harbor's Red Mill Restaurant, while parents will enjoy a night out in Vergennes with craft brews and a farm fresh dinner at Bar Antidote. Chef and Brewer Ian Huizenga, who grew up on a farm nearby, is committed to sourcing his ingredients from area farms including meat, cheese, vegetables for his inspired comfort food as well as the hops, malt and barley for his beers. It just doesn't get any more local than this!

HOTEL:

Basin Harbor

[VISIT WEBSITE](#)

INCLUDED MEALS:

Breakfast | Lunch | Dinner

Day

4

TODAY'S RIDE:

Richmond to Stowe

Approximately 26 miles with 1,700 feet of climbing

SHORT OPTION:

Richmond to Waterbury

Approximately 14 miles with 500 feet of climbing

DESCRIPTION:

Today you'll say goodbye to the Champlain Valley as you head north toward the Green Mountains. After a shuttle to a sweet little cafe in Richmond, you'll have a chance to stretch your legs and grab a coffee before you begin your ride along the meandering Winooski River. You'll stop in Waterbury where you can browse local boutiques and gift shops like Green Mountain Coffee Roasters or the Craft Beer Cellar and enjoy lunch at a cafe of your choosing. Next up is a visit to none other than Ben & Jerry's Ice Cream Factory. Choose from many interesting flavors for your afternoon treat! From here, continue riding or opt for a ride in the van to the historic Green Mountain Inn in the heart of Stowe. After you get settled in, we'll head to a sugarhouse to sample some pure Vermont maple syrup and learn how it is made. Tonight, enjoy dinner on your own; but don't worry, your guides will have lots of great recommendations!

HOTEL:

Green Mountain Inn

[VISIT WEBSITE](#)

INCLUDED MEALS:

Breakfast

Day

5

TODAY'S RIDE:

Lake Elmore Loop

Approximately 29 miles with 1700 feet of climbing

SHORT OPTION:

Randolph Road to Morrisville

Approximately 7 miles with 100 feet of climbing

TODAY'S ACTIVITY:

Hike to Elmore Mountain Fire Tower

Approximately 3.4 miles with 1,450 feet of climbing

DESCRIPTION:

Immerse yourself in the charm of Vermont's quaint New England towns today. Adults start out on bikes by riding past the site of the original settlement of Stowe, which dates back to the late 1700s. Kids join the ride on Randolph Road to pedal through rolling farmland to the village of Morrisville. Clock a few extra miles up to crystal clear Lake Elmore where you'll enjoy a packed lunch on its shores. Later take a dip in the lake, ride back to town, or tackle the hike to the fire tower lookout on Elmore Mountain. Until 1974 the tower was home to a ranger, whose job was to scan the surrounding area for forest fires. As you would expect, from the tower you'll enjoy spectacular views of mountains and countryside—which definitely makes it well worth the hike! This evening you and your family will gather for a social hour and dinner at the Inn to share your stories and celebrate the many fond memories of your fun-filled Vermont family adventure.

HOTEL:

Green Mountain Inn

[VISIT WEBSITE](#)

INCLUDED MEALS:

Breakfast | Lunch | Social Hour | Dinner

Day

TODAY'S RIDE:

Von Trapp Loop

Approximately 14 miles with 1,200 feet of climbing

SHORT OPTION:

Gold Brook Bridge Loop

Approximately 8 miles with 900 feet of climbing

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This morning's loop offers the perfect final farewell ride to Vermont with a route through the quiet roads surrounding Stowe. You'll ride past the Gold Brook Bridge which is one of the oldest and most storied (and allegedly haunted) covered bridges in Vermont as you soak in the New England countryside one last time. If you are up for one last challenge, ride up to the Trapp Family Lodge, a reconstructed version of the grand lodge once home to the family whose story inspired "The Sound of Music." If you'd rather skip the ride, take the morning to sleep in, have a leisurely breakfast and enjoy a final stroll through the streets of Stowe for those last-minute souvenirs and gifts. A private Trek Travel shuttle will depart from the Inn at 11:00 AM to take you to Burlington.

INCLUDED MEALS:

Breakfast

WHAT'S INCLUDED

For us, the details matter most

Every moment of a Trek Travel bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Trek Travel cycling vacation that make it truly special. And that's how we help you create more memories.

What's Included

- 5 nights of accommodation at handpicked hotels
- Two experienced guides to provide local knowledge, support, and camaraderie
- Daily route support with both guides and our support van
- Daily breakfast, 3 lunches and 4 dinners
- 2 social hours of drinks and hors d'oeuvres
- Ride a Trek Domane SL 7 disc, Trek's newest Electric-Assist, or a Trek 7.6 FX Hybrid. For the kids, the use of a Trek Superfly 20 or 24.
- Up to three daily route options on riding days
- Snacks and drinks for each day's ride
- Trek Travel Bontrager cycling jersey to keep
- Trek Travel t-shirt
- Trek Travel water bottles to keep
- Cinch sack day bag to keep
- Each bike is equipped with a Garmin Edge 1030 GPS computer, flat pack, front and rear Bontrager Flare R lights, a Bontrager saddle and pedals (Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals)
- Bontrager WaveCel helmets
- All gratuities for drivers, local experts and hospitality staff
- All luggage transfers and transportation during your trip
- A personalized photobook of your trip
- Entrance fees for all activities, private tours and events

Gear

- Trek Domane SL 7 disc carbon road bike with Shimano Di2 electronic shifting or Trek 7.6 FX Hybrid bike. For the kids, the use of a Trek Superfly 20 or 24.
- Trek Electric Assist XM700+ also available in a limited quantity
- Trek Travel Bontrager cycling jersey to keep
- Trek Travel water bottles to keep
- Shimano clipless road pedals, Shimano clipless mountain pedals, caged or flat pedals
- Bontrager WaveCel helmet
- Bontrager men's and women's specific saddles
- Bontrager front and rear Flare R lights and a flat pack
- Garmin Edge 1030 GPS computer
- Cinch sack day bag to keep
- Upgrade your bike to include carbon wheels (+\$200)
- Coupon valued up to \$500 off a new Trek Bicycle. Your coupon will be delivered via email prior to your trip.
- *For the most comfortable ride, you may choose to bring your own pedals, saddle, and helmet on the trip. Your guides will install your gear on the first day during your bike fit.*

THANK YOUR GUIDES, BY TIPPING

Gratuities for your Trek Travel guides are not included in your trip price. We recommend tipping 7.5-10% of your trip price for the

guide team. Local currency is preferred and unless you want to tip separately, guides will divide tips amongst themselves. Please tip your guides at your discretion, based on their level of professionalism, guest care and service.

What's Not Included

- Airfare and transportation to and from the trip pick-up/drop-off locations
- Lodging before and after the trip
- Personal items purchased during the trip
- Optional activities not scheduled by Trek Travel
- On select trips some meals are not included. On these trips, Trek Travel invites you to explore the local cuisine at your leisure.

HOTELS



BASIN HARBOR

VERGENNES, VERMONT

New hotel for 2019! Basin Harbor is quintessential Vermont. Managed by the Beach family for 5 generations, you'll feel right at home as soon as you arrive. Take advantage of the many amenities by day (golf, day spa, lawn games and kayaking to name a few) and watch the sun go down over Lake Champlain as night falls. The resort has a mixture of charming guest rooms and lakeside cottages all decorated to reflect the casual lakeside theme.



GREEN MOUNTAIN INN

STOWE, VERMONT

Situated in the center of the village of Stowe, the Green Mountain Inn has a rich and interesting history. The property, listed on the National Register of Historic Places, has been welcoming guests (including former U.S. Presidents) since the mid-1800s, when it served as a stagecoach stop, and has operated under its current name for 122 years. Over the generations, the Inn has been transformed into the beautiful property that it is today through upgrades designed to retain and blend the Inn's historic charm and traditional feel with the very best amenities and comfortable accommodations.



MEETING & DEPARTING

How To Get There

We suggest that you arrive at least one day prior to the trip start, which will enable you to adjust to the time zone and minimize the risk of missing the trip start due to flight-related delays

We recommend that you fly into Burlington International Airport (BTV). From the airport, you can call or hail a taxi to take you downtown.

Meeting Time And Location

Your Trek Travel guides will meet you at Hilton Burlington (60 Battery Street, Burlington VT 05401) at 11:00 AM on the first day of the trip. You and your traveling companions will shuttle 30-minutes to Shelburne for lunch and a bike fitting session before beginning the first ride of the week. Please have your first day's riding gear handy and separate from your other luggage to facilitate the bike fitting and ride.

If you will be late for the pick-up or are going to miss it altogether, please inform your guides. You will receive an email a week before the trip start with their names and contact details. If you cannot reach them, please call our first hotel, Basin Harbor (802-475-2311), and leave a message with your expected arrival time and

It is approximately 4 miles from the airport to the meeting location in downtown Burlington and a taxi ride should take about 10-15 minutes and cost \$20-\$25.

contact details. A taxi from Burlington to the first night's hotel is available from Green Cab for approximately \$75 plus gratuity. Call 802-864-2424 to make arrangements.

Before & After: Burlington, Vermont

Burlington is a vibrant and beautiful college town on Lake Champlain, with a great variety of leisure and outdoor adventure activities at your fingertips. Not to be missed are the shopping and dining opportunities along Church Street, Burlington's pedestrian mall. Rent a kayak or sailboat and set out to enjoy Lake Champlain from Burlington Harbor. Stop in for a visit to the Science Center: ECHO, Leahy Center for Lake Champlain, which is located on the Burlington waterfront next to the Trek Travel meeting and departing location. Or visit the Shelburne Museum, one of the finest museums in New England, highlighting the history and the culture of the region, or maybe stop by the Magic Hat Brewery and sample one of their many exceptional seasonal brews. We recommend the following accommodations for your pre and post-trip hotel:

Departing Time And Location

You will say farewell to your guides at 12:00 PM at the Burlington International Airport (BTV). Please do not schedule a flight out of Burlington International Airport before 2:00 PM on the last day of the trip to allow plenty of time for any unforeseen delays.

HILTON BURLINGTON

The largest hotel in downtown Burlington, this elegant property is located right on the lakefront and pedestrian path. Amenities are extensive and include a workout room, swimming pool, and business facilities. This is also the pick up and drop off location for your Trek Travel vacation.

www.Hilton.com | ~\$350

COURTYARD BY MARRIOTT BURLINGTON HARBOR

The Courtyard by Marriott Burlington Harbor is conveniently located just a few short steps away from Lake Champlain, Burlington Town Center and the Church Street Marketplace. It has spacious, well-designed guest rooms, hot buffet breakfast, indoor pool, whirlpool, fitness facility, high-speed internet, flat screen HD TVs, and a business center.

www.Marriot.com | ~\$300

HOTEL VERMONT

Hotel Vermont is a distinctive, stylish, and ideally located property which prides itself on offering "room to yourself and space to be inspired." Drawing inspiration from the culture and natural beauty of Vermont, the hotel is an excellent place to refresh and relax! With in-house yoga classes and complimentary 2-hour bike rentals, whether you want to stay in or venture forth—Hotel Vermont has it all!

www.HotelVT.com | ~\$330

* Hotels listed above are local properties we love. We do not have special rates available.



FAQS

What Are The Daily Rides Like?

- Rider Type | 2 - Recreational
- Average Daily Mileage | 28
- Terrain | Hilly
- Average Daily Elevation | 1,525 feet
- Total Miles | 171
- Total Elevation | 9,200 feet

What are the options for a non-rider travel companion?

On most Trek Travel trips, we offer non-riding options for riders who want to take the afternoon off, or travel companions who want to spend little or no time in the saddle. Some of these options may need to be scheduled before your trip—please contact one of our Trip Consultants for more information. Expenses and/or related transportation to these activities may not be included in the trip price. Some non-riding options on this trip are:

- Visit the Stowe Craft Gallery, which houses an extensive collection of local artists' work

Averages and totals are calculated from our Today's Ride options. Short options average 10 miles and 500 feet of climbing each day.

The terrain is varied with the short options being on relatively flat sections and today's options being more rolling and hilly. Please be aware that you will encounter sections of gravel roads throughout the week. As always, if you wish to skip these sections you are welcome to shuttle in the support van.

Vermont Family is best suited for our Type 2 Riders. Our Trek Travel guides can also easily accommodate Type 1 Riders, who seek less mileage or fewer uphill, with a boost in the van. Those who wish to ride every mile but are concerned about their physical ability may want to try our electric bike option—you still get a workout but can climb alongside even the strongest rider. Type 3+ Riders will enjoy the extra mileage the avid route options offer.

- Visit Shelburne Farms or Shelburne Museum
- Visit Ben and Jerry's Ice Cream Factory
- Kayak or paddle board with the group on Lake Champlain
- Stroll on the Stowe Recreation Path
- Shop at boutiques in Middlebury, Waterbury and Stowe
- Take a yoga class
- Hike to the fire tower atop Elmore Mountain
- Enjoy the amenities at Basin Harbor including the spa, tennis courts, golf, lawn games and more

Trip Changes

See itinerary for specific daily ride distances and elevation options. On all of our vacations, Trek Travel strives to find quiet, paved secondary roads or bike paths to experience a region; busy roads are avoided as much as possible. Our itineraries are an approximation of our trips. Trek Travel strives to offer every guest a vacation of a lifetime on every trip. At times routes, hotels, activities, etc. listed here may change at the discretion of the trip designer or guides to improve the trip experience.